



"Saving Lives in Tennessee"

**FOR IMMEDIATE RELEASE
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**Tennessee Suicide Prevention Network Partners with Middle TN Time and Temperature
Served the Middle TN Community 40 Years, Revitalized after 3 Year Absence**

NASHVILLE, Tenn. - The Tennessee Suicide Prevention Network (TSPN) has partnered with the Middle Tennessee Time and Temperature number, 615-259-2222, running a Public Service Announcement (PSA) in conjunction with this community wide tool. When calling this number, along with the time, temperature, and weather information, callers are greeted with the National Suicide Prevention Lifeline number, 1-800-273- TALK (8255), with other tools for suicide prevention and awareness in Tennessee such as the TSPN website, tspn.org.

This collaboration has reached the one-month mark, already touching more than 6,300 individuals with suicide prevention resources. When working towards suicide prevention in Tennessee, new relationships are crucial to reach those who may be in crisis or are having thoughts of suicide. Through the generosity of this collaboration, more Tennesseans will be provided lifesaving resources in a manner never previously explored here in Tennessee.

Greg Cain, who operates 615-259-2222, says "I am very pleased to partner with TSPN. Middle Tennessee Time and Temperature is a community service. This partnership is a natural extension of this service to our community." Scott Ridgway, M.S., TSPN's Executive Director,

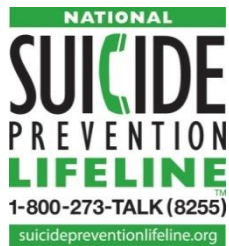
is excited about this opportunity, stating “the more Tennesseans we can reach with resources through different avenues the more chances we have to save a life. One life lost to suicide is one too many, and it is through out of the box thinking and opportunities such as this PSA that we are able to reach those in crisis.” In any given day, three people in Tennessee die by suicide. Ridgway and TSPN are thankful to be able to run the PSA through this venue to continue the efforts of TSPN to prevent suicide in Tennessee.

Where to Get Help

If you or someone you know is thinking about suicide, call the National Suicide Prevention Lifeline at 1-800-273-TALK (8255). This nationwide hotline connects to a nationwide network of certified local crisis centers, available 24 hours a day, 7 days a week.

In the event of an emergency where someone is in immediate danger of death or injury, *call 911 immediately.*

For non-emergency information and resources about suicide prevention and free training in your area, visit the Tennessee Suicide Prevention Network website at www.tspn.org. The site features fact sheets and statistics about suicide, suicide and mental health reading lists and links, and customized local resource directories available for free download.



Text "TN" to
741741

TTY line: 1-800-799-4TTY (4889)

For non-emergency information on suicide prevention, contact the Tennessee Suicide Prevention Network at (615) 297-1077 or tspn@tspn.org.

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