



*"Saving Lives in Tennessee"*

**Advisory Council Meeting  
Wednesday, February 14, 2018  
Metro Nashville Police Department  
Madison Precinct  
400 Myatt Drive, Madison, TN 37115  
12:00 PM - 2:30 PM**

## **Minutes**

### **Advisory Council Members Present**

- Anne Young, MS, LADAC II, CAS, Program Director, Women's Program, Young Adult Program, and Recovery Renewal Program, Cornerstone of Recovery (Advisory Council Chair/Executive Committee Chair)
- Anne Stamps, MA, Center Director, Plateau Mental Health Center/Dale Hollow Mental Health Center (Advisory Council Co-Chair / Upper Cumberland Regional Chair)
- Jack Stewart, MA, President, NAMI Greene County (Advisory Council Secretary)
- Eve Nite, Southeast Regional Director, Omni Community Health (Advisory Council Vice-Chair)
- Tim Tatum, MBA, MA, LPC-MHSP, Director of Business Development, Focus Treatment Centers (Advisory Council Past Chair / Bradley, McMinn, Meigs, and Polk (BMMP) Counties Suicide Prevention Task Force Chair)
- John B. Averitt, Ph.D., Upper Cumberland Psychological Associates/Police Psychological Officer, Cookeville Police Department
- Richard Bogle, Community Advocate, (Behavioral Health and Suicide Prevention for Hickman-Perry Counties Co-Chair)
- Patsy Crockett, BSW, Case Manager IV, Tennessee Department of Children's Services
- Audrey Elion, Ph.D., Mental Health Clinician, Shelby County Juvenile Court, Memphis/Shelby County Chair
- Sherri Feathers, LCSW, Senior Vice President of Specialty Services, Specialty Services, Frontier Health
- Brenda Harper, Community Advocate, Outreach Committee Chair
- Tricia Henderson, LPC-MHSP, Assistant Director, Office of the Dean of Students, University of Tennessee Chattanooga, Southeast Tennessee Regional Chair
- Mary Jones, Executive Director, Children and Family Services
- Cynthia W. Lynn, RN, PhD, GC-C, Faculty, Gibbs High School
- Sandra Perley, Ed.D, MSN, RN, Associate Professor of Nursing, Columbia State Community College

- Stephenie Robb, Executive Director, Behavioral Health Initiatives, Inc.
- Heatherly Sifford, BS, Trauma Injury Prevention Program Coordinator, Johnson City Medical Center, (Northeast Tennessee Regional Chair)
- Becky Stoll, LCSW, Vice President of the Crisis and Disaster Management, Centerstone
- Katie Valentino, BS, Behavioral Health Outreach Coordinator, BlueCare Tennessee (East Tennessee Regional Chair)

#### **Intra-State Departmental Group Members Present**

- Cathy V. Blakely, Victim Services Coordinator, Tennessee Bureau of Investigation
- Boyd Barker, Middle TN Regional Coordinator, Public Affairs, Tennessee Department of Agriculture
- Jennifer Dudzinski, RN, BSN, State Public Health Nursing Director, Tennessee Department of Health
- Diana Kirby, MS, Project Director, TLC Connect & TARGET 2, Office of Crisis Services and Suicide Prevention, Division of Mental Health Services, Tennessee Department of Mental Health and Substance Abuse Services
- Shannon Hall, MA, Assistant Director of Talent Management, Tennessee Department of Safety and Homeland Security
- Gwen Hamer, MA, Director, Education and Development, Tennessee Department of Mental Health and Substance Abuse Services
- Terrence (Terry) Love, MS, CPC (Intra-State Departmental Group Chair), Injury Prevention Manager, Division of Family Health and Wellness, Injury and Violence Prevention, Tennessee Department of Health
- Sherlean Lybolt, MA, Mental Health Programs Coordinator, Tennessee Department of Correction
- Morenike Murphy, LPC-MHSP, Director, Office of Crisis Services and Suicide Prevention, Division of Mental Health Services, Tennessee Department of Mental Health and Substance Abuse Services
- Delora Ruffin, MA, Program Specialist, Division of Child Health, Tennessee Department of Children's Services
- Janet Watkins, Training Director, AWARE Tennessee, Tennessee Department of Education

#### **Advisory Council Members Absent**

- Ursula Bailey, JD, MBA, Attorney, Private Practice
- Vickie Bilbrey, Marketing Recruiting Coordinator, Oakpoint Center
- Joseph Chatman III, LBSW, MSW, Community Advocate, (Montgomery-Houston-Humphreys-Robertson-Stewart County Suicide Prevention Task Force Chair)
- Mike LaBonte, Executive Director, Memphis Crisis Center
- Wanda Mays, CIT Coordinator, Hamilton County Sheriff's Office
- Daniel Wolfshadow, Trauma Specialist, Freeman Treatment Center, Co-Chair, Behavioral Health and Suicide Prevention for Hickman-Perry Counties
- Sharon Phipps, Public Health Educator II, Hawkins County Health Department

### **Intra-State Departmental Group Members Absent**

- Michelle Bauer, Suicide Prevention Program Manager, Tennessee National Guard
- Mark Breece, Deputy Commissioner, Tennessee Department of Veterans Services
- Jacquelyn S. Bruce, MA, Planning and Grants Management Supervisor, Tennessee Commission on Aging and Disability
- Bruce Davis, PhD, Director of Behavioral and Psychological Services, Tennessee Department of Intellectual and Developmental Disabilities
- Ashley Fuqua, Legislative Liaison & Public Information Officer
- Melissa McGee, Council on Children's Mental Health Director, Tennessee Commission on Children and Youth
- Maj. James A. Saunders, Ed.S., CFLE, CH, Resilience & Risk Reduction Program Coordinator, Squadron Chaplain, 2/278th ACR, Tennessee Army National Guard
- Jacqueline Talley, Treatment Specialist, Division of Alcohol and Substance Abuse Services, Tennessee Department of Mental Health and Substance Abuse Services

### **TSPN Advisory Council Emeritus Group Members Present**

- Granger Brown, MSW, Community Advocate (Substance Abuse and Outreach Coordinator, TSPN, Emeritus), Gun Safety Committee Chair
- Teresa Kimbro Culbreath, Community Advocate (Intra-State Department, DOT, Emeritus Chair)
- Jennifer Harris, St. Thomas Hickman Hospital (Advisory Council Chair, Emeritus)
- Patrick Kennedy in place for Renee Brown, Memphis VA Medical Center (Memphis/Shelby County Regional Chair, Emeritus)

### **TSPN Staff Present**

- Amy Dolinky, BA, East Tennessee Regional Coordinator
- Tosha Gurley, MA, West Tennessee Regional Coordinator
- Misty Leitsch, BBA, BSW, Zero Suicide Coordinator
- Joanne Perley, MPH, Middle Tennessee Regional Coordinator
- Scott Ridgway, MS, Executive Director
- Shawn Smallwood, APSU Field Placement Student

### **Guests**

- Jackie Cavnar, COO, Mental Health America of Middle Tennessee
- Matt Magráns-Tillery, TN Valley Coalition for the Homeless
- Santerrio Wilson, TDMHSAS Field Placement Student

### **Welcome, Remarks, and Introductions**

- Young called the meeting to order at 12:09 PM, with introductions following.

### **Approval of Minutes from Previous Advisory Council Meeting**

- The minutes had been previously circulated to members via e-mail but were also available at this meeting for review.

- Tatum motioned for approval of the minutes as submitted; Stewart seconded, and the motion passed without objection.

## **Regional Reports**

### **Northeast Region (Heatherly Sifford, BS., Northeast Tennessee Regional Chair)**

- Chair Sifford reported that TSPN partnered with ETSU for the September event titled “Adoration” which brought together the faith community and resources around mental health and substance abuse.
  - There were 2,000 people in attendance and the event will occur annually.
- The region also partnered with the VA on an event called #BeThere in January.
- The region has been focused on outreach and visibility of TSPN through exhibiting, working to grow the regional meeting, and sharing materials wherever possible. This includes working on the Gun Safety Project, Emergency Department Project, Distribution of needs assessment survey.

### **East Tennessee Region (Katie Valentino, BS, BlueCare Tennessee, East Tennessee Region Chair)**

- Chair Valentino reported that the region has worked closely with a PhD student with University of Tennessee at Knoxville, Keri Frantell, who will complete her year-long placement with TSPN in April. She has created a needs assessment that will guide a male-specific training, faith-based training, increased awareness to out-of-the-box resources, and a video project that will include Tennesseans sharing their stories of hope and recovery around lived experience and loss.
- Valentino also reported the September event focused on youth suicide with Clark Flatt as the keynote and Phillip Fulmer as a guest speaker.
  - Open Chord hosted a TSPN benefit concert in September which brought in about \$200 and showcased a band from Chicago, Knoxville, and a band of students from Farragut High School who had experienced the loss of three students in one semester.
- ET TSPN partnered with ZenBull Yoga and Bullman’s Kickboxing and Krav Maga to provide a yoga event for TSPN, raising around \$900.
- TSPN exhibited at the Psychiatric Symposium where Anne Young presented. TSPN also exhibited at the Elder Justice Conference for the first time.
- William Blount High School held two suicide prevention events after losses of students, they donated the proceeds of the events to TSPN.
- ET TSPN started attending the Manufacturer’s Roundtable as available to increase visibility with middle-aged males living in rural communities, as well as the field.

### **Southeast Region (Tricia Henderson, LPC-MHSP, University of Tennessee Chattanooga, Southeast Region Chair)**

- Chair Henderson reported that the September conference combined Suicide Prevention Awareness Month and Recovery Month was a success. Dr. Monty Burks was the keynote and there were numerous breakout sessions. There were twenty exhibitors and about 100 in attendance.
- Henderson also reported that the University of Tennessee at Chattanooga applied to have Active Minds bring Send Silence Packing to campus – this will occur March 22.

- Henderson mentioned that Tuesday, September 25, continuation of conference last year, have secured, hopefully, Kevin Hines as a speaker during the day conference as well as at UTC the night before.
- November and December included creating and distributing packets of materials to local faith communities in hopes for added outreach to those present over the holidays.
- BMMP:
  - New connections made with the Tennessee Manufacturers Association lead to Tatum speaking in front of a group of Plant Managers and Human Resources Managers
  - Task Force / TSPN partnered with CASA at their 5K event at the Greenway

### **Upper Cumberland Region (Anne Stamps, MA., Volunteer Behavioral Health Care Services, Upper Cumberland Region Chair)**

- Chair Stamps reported that the Upper Cumberland Event, “Light to Hope” was a great success early in September, attended by approximately 75 people.
- Stamps acknowledge Harper for your continue work in Macon Co. The Macon Memories Event took place on September 19<sup>th</sup>, with approximately 80 in attendance. From this event two families, who had lost loved ones to suicide, donated funds to TSPN from various fundraisers.
- Stamps also reported that TSPN was presented a check from Prescott South Middle School in January, \$203.35 check from SADD club. Students could wear a hat during the school day by donating one dollar to be donated to TSPN. Prescott South Middle lost a student two years ago.
- The Upper Cumberland region did the brainstorming activity and will continue this process at the March meeting.
- Regional members presented a training to the area Society for Human Resource Management (SHRM) and follow up trainings are in the works.
- TSPN and others provided a debriefing for RAs and staff at Tennessee Tech University following the loss of a student at that university. Averitt providing a debriefing for some student’s and RAs, as did Ridgway, but informed all that this death has not been officially announced as a suicide.

### **Mid-Cumberland Region (Becky Stoll, Centerstone)**

- Stoll reported that the Mid-Cumberland Event, held at Centennial Park in September was attended by approximately 75 and sponsored by TriStar.
- The region reached out to various Chamber of Commerce members to great success specifically with the Society for Human Resource Management (SHRM) and the TN Realtors Association and are currently working towards various projects for engagement and collaboration.
- The region will begin two working groups, next month, to focus on two at risk groups: on youth involvement with a focus on college/universities as well as a focus on faith/church communities.

**South Central Region (Sandra Perley, Ed.D, MSN, RN, Columbia State Community College)**

- Perley reported that TSPN staff and volunteers worked closely with the Behavioral Health and Suicide Prevention Coalition, out of Hickman County, following the very publicized loss of a high school student in the area. Ridgway, Perley, Harris, and others provided a debriefing at the school as well as various other postvention efforts, spearheaded by Ridgway.
- She also reported that a Spring Hill task force has formed, following the loss of a local Summit High School student. An ASIST training in the area was requested by the group and other community members, which is taking place March 1 and 2<sup>nd</sup> at the South Central Regional Health Department.
- Upcoming Saving Lives in South Central event, rescheduled from September due to lack of registration, is taking place February 23<sup>rd</sup> at the Maury County Health Department. Registration is still open for the event, with the keynote speaker is Major Shawn Jenkins, Director of Operations of the 32<sup>nd</sup> Student Squadron, Squadron Officer College at Maxwell Air Force Base. He will be speaking on his personal loss and involvement in prevention.

**Rural West Region (Patsy Crockett, BSW, Case Manager IV, Tennessee Department of Children's Services)**

- Crockett reported that most counties in the Rural West Region, outside of Hardin and McNairy, were represented in this year's Suicide Prevention Awareness Month proclamation campaign. Proclamations were also received from the cities of Brighton, Jackson, and Paris.
- Several postventions have occurred in West TN that TSPN has supported and were involved. There was a Postvention training in Jackson, TN with 10 new trained postvention trainers. First scheduled planning meeting is set for March to begin developing a structure for the team's response in Rural West after a death by suicide.
- Planning has begun for the 2018 "Saving Lives in Rural West TN"; the J Walter Barnes auditorium has been reserved for September 28, 2018 with breakout rooms available.
- Be a HERO (Help Everyone Reach Out) Art Gallery and Media event- Communication has been made with Madison, Carroll, Gibson, Crockett County school systems to develop Suicide Awareness Art Show Project and Media Outreach event 02/23. This will include a battle of the hashtag, #TSPNHERO. There is also a planned art show, open to students K-12, with art being displayed at Union, Lane, and Bethel Universities.
- Suicide: The Ripple Effect is coming to Huntingdon, TN. Gurley is working with Gathr Production Company and the owners of the Court Theater to bring the documentary to Rural West TN Spring of 2018.

**Memphis/Shelby County Region (Audrey Elion, Ph.D., Shelby County Juvenile Court, Memphis/Shelby County Region Chair)**

- Chair Elion reported that the Suicide Prevention Awareness Month proclamations were received from the mayors of Shelby County as well as the cities of Arlington, Bartlett, Collierville, Germantown, and Memphis.

- The September event in Memphis was a great success with Dr. Scott providing the keynote for the conference, focusing on Dialectical Behavioral Therapy; over 250 in attendance with several sponsors.
- A Postvention training took place January 9<sup>th</sup> 9-3pm with 14 Shelby County participants. This group is partnering with the Memphis/Shelby County School system.
- The region has been working with psychologist, pastors, juvenile court system, and community members to offer Suicide Prevention. She has been reaching into church groups to schedule upcoming Suicide Prevention trainings.

## **Task Force Reports**

### **Medical Examiner Task Force (Scott Ridgway, MS, Executive Director)**

- Ridgway gave an overview of the proposed legislation called the “The Suicide Mortality Review and Prevention Act of 2018” that has come out of the Medical Examiner’s Taskforce to support the Deputy Medical Examiner’s office within the state office of the Department of Health. Nite acknowledged, after discussion from the Executive Committee, that this legislation would be great progress to the system in helping with looking at trends and patterns and possibly funding suicide prevention efforts in the future.
  - The primary goal of this board will be to study deaths by suicide among adults, with cases totally no more than 80 a year on the individual (having procured such data from county medical examiners state office) to help communities develop targeted suicide prevention strategies. Obtaining accurate numbers and other information on suicides in Tennessee will enhance TSPN’s strategic outreach efforts (each year they will look at a target group and make recommendations based on their needs). Under no circumstances will be breaking any HIPAA Laws or regulations, nor will there be investigations; records will be obtained from the Medical Examiners solely from death certificates, from investigation teams, or first responders; only records that Medical Examiners would have access to.
  - Stoll asked for clarification on the bill, with Ridgway citing the primary goal of this bill to amend Title 68, chapter 3 code, highlight in the legislation. Following discussion, Stoll and Nite were in agreement to provide talking points for advocates to explain this amendment and the bill. Love noted that this code can be obtained from the state website.
  - Tatum volunteered to address the drafting of talking points with the Advocacy committee and work with TSPN staff towards this aim.
  - Elion, asked if other states have this review board. No other states have this type of review board but there are three other states that have some type of Review Board.
  - No fiscal note at this time. There was no fiscal note for the maternal mortality review board bill on which this current legislation was modeled after; a full-time staff position will be housed in the Department of Health and would not start until January 2018.
  - TSPN will work with Hall to promote the bill during AFSP’s next Day on Capitol Hill event.
    - The Health Sub-Committee is scheduled to meet during the Day on the Hill event.

- In your packet, you have a list of all Health and Sub-Health committee members who have agreed to co-sponsor the bill in the House. Senator Massey has signed on in the Senate. Please feel free to reach out to your representatives in your area, this information is on the sheet provided.

### **Gun Safety Project Task Force (Brenda Harper, Community Advocate)**

- Harper reported on behalf of Granger Brown-Chair that had to leave. She announced that the Task Force has no current meeting scheduled until after the TSPN Symposium until further actions are addressed.
  - TDSHS's legal department is reviewing TSPN's Gun Safety Project brochure to see if they can hand out the brochure to all instructors, possibly with the TDSHS appended to the brochure as well as campaign posters.
  - The video developed for Knight was identified to have technical difficulties embedding into the PowerPoint training curriculum used by instructors. A TSPN task force member is working to convert into a video file.
  - A member is working to schedule a meeting with representatives from Barretta.
- TSPN is working with the Tennessee Firearm safety alliance to provide gun safety to Mental health professional in middle area.
- TSPN has been invited to be a part of the Quarterly Meeting of the Nashville JTTF's Mental Health Partnership.

### **TN Higher Education Suicide Prevention Task Force (Sandra Perley, Ed.D, MSN, RN, Co-Chair)**

- Co-Chair S. Perley reported on January 30<sup>th</sup>, Co-chair Ridgway gave testimony to the joint committee of the House Education and Administration & Planning committee about the need for the support for suicide prevention in Higher Education. The task force is working to schedule testimony at the Senate Education committee for the co-chair.
- The Resolution from the Tennessee Higher Education Suicide Prevention Task Force was presented to the Committee. The committee was very positive about the resolution and the progress that this task force has made. More information is forthcoming in the Advocacy Committee report.
- Various committees within the Higher Education Suicide Prevention Task Force continue efforts towards drafting a protocol template as well as best practices for outreach to be distributed to all institutions in Tennessee.
- The next meeting of the task force is scheduled for May 11<sup>th</sup> in Nashville.

### **Committee Reports**

#### **Executive Committee (Anne Young, MS, LADAC II, CAS, Chair)**

- Chair Young reported that the committee continues to hold monthly meetings via call for the past year.
- Young would like to see continue to work on more funding for TSPN and support the efforts across the state.
- She also announced this year, the Executive committee will continue to move towards legislative efforts and collaborate with state and private entities to make Suicide Prevention a priority, towards the ultimate goal of the Network with fewer suicides in this Tennessee.

**Emeritus Group (Teresa Kimbro Culbreath, Emeritus Chair)**

- Chair Culbreath announced that she feels honored that the Executive Committee has chosen me to chair the Emeritus group.
- The group has accomplished a great deal under the leadership of past Chair Anna Shugart, and with the 9 new appointments coming from the Governors Office for the Advisory Council, the group will be meeting soon by conference call. Brown is newest on Emeritus, thanks to guy for coming.

**Outreach Committee (Brenda Harper, Community Advocate, Outreach Committee Chair)**

- Chair Harper reported that over 200 people have registered thus far for the 2018 TSPN Symposium. Harper encouraged all to continue to spread the word about the Symposium.
- Harper Several considerations of additional outreach priorities and opportunities for fiscal year 2018 were discussed including Emergency Department and Hospital staff, in conjunction with the existing ED project, as well as engagement with public libraries and faith-based entities. Further outreach to law enforcement entities is another group discussed for outreach, as QPR is POST accredited.
- Discussion of plans for Suicide Prevention Awareness Month 2018 highlighted the scheduled Statewide September event, September 12<sup>th</sup> at Trevecca Community Church, with Vanderbilt graciously sponsoring this event. The committee discussed speakers for the event, focusing on an individual with lived experience with suicide. Regional awards as well as the annual quilt will also be presented at the event.
- Engagement of local celebrities for regional events, such as Ms. Tennessee who has a personal connection with suicide, was encouraged.

**Strategies/Outcomes/Evaluations Committee (Anne Young, MS, LADAC II, CAS, Strategies/Outcomes/Evaluations Committee Chair)**

- Chair Young reported that the committee reviewed the Youth and Older Adult Plans, to make recommendations/ updates to these plans.
- Alterations made to the Youth Plan were as follows:
  - Remove number 7, which included transportation.
  - The committee proposed creating a workplan to accomplish the plan focusing on youth. This workplan template would be distributed to regions to be completed, with an outcome report and information, to assess accomplishments. The workplan, was suggested to begin assessment at the start of Fiscal Year 18-19, July 1, 2018.
- Alterations made to the Older Adult plan were as follows:
  - The committee proposed altering the format of the document, moving numbers 1,2,13, and 14 into a statewide initiative section, while keeping all other points as regional goals/objectives. Number 5 will be moved to the statewide goals and then duplicated, without “Development and/or,” to be included in regional objectives.
  - The committee proposed creating a workplan to accomplish the plan focusing on older adults. This workplan template would be distributed to regions to be completed, with an outcome report and information, to assess accomplishments.

The workplan, was suggested to begin assessment at the start of Fiscal Year 18-19, July 1, 2018.

- There was much discussion about the review of the Youth and Older Adult Plan:
  - **Strategies/Outcomes/Evaluations Committee motion, Tatum seconded, motion passed without objection.**
  - **Stamps motion to amend the Youth Suicide Prevention plan to begin July 1<sup>st</sup>. Crockett seconded, motion passed without objection.**
  - **Strategies/Outcomes/Evaluations Committee motion, Tatum, seconded, motion passed without objection.**
  - **Chair Young took a 5-minute break and stated that the copies of the older adult plan but be put on the table and ask members look review them during the 5-minute break and we would continue discussion after the break.**
  - **After the break, Averitt, made a motion this would start July 1<sup>st</sup>, Stamps seconded, motion passed without objection.**

**Advocacy Committee (Tim Tatum MBA, MA, LPC-MHSP, Advocacy Committee Chair)**

- The TN Higher Education Suicide Prevention Task Force (THESPTF) presented a resolution, which is provided to you all in your packets, this resolution has been approved by the Executive Committee. Following the review, the Advocacy Committee has approved the resolution and would like for the full Advisory Council to approve to accept this resolution to move forward to the House and Senate Education committees. With two corrections.
  - **Executive and Advocacy committee motion for approval of the THESPTF Resolution, Henderson seconded, motion passed without objection.**
- The TN Higher Education Suicide Prevention Task Force is recommending a possible budget amendment under the resolution for one-time money, stipulating one suicide prevention trainer (QPR) in each institution in Tennessee, allocating \$60,000 with the resolution. The budget will recommend institutions contribute at least \$100 towards the \$500 charge associated with QPR train the trainer program; this funding will go towards the higher education fund for materials to support this effort. Discussion: Ridgway, clarified, is possible that legislators can add a budget amendment to this resolution, if is the case, the wish of the task force would like to have a trainer on each college campus. Averitt, every person trained is committed to training 250 people.
  - **Advocacy committee motion approval to support one-time funding of \$60,000 for Suicide Prevention trainers on campuses if funds are available, Crockett seconded, motion passed without objection.**
- “Suicide Mortality Review and Prevention Act of 2018.” Senate Bill 1949 and House Bill 1961. Motion from the Medical Examiner task force. Advocacy discussed at length. Will work to get talking points from legislators. Discussion: Averitt, can not seek any records outside the investigation, these records are the only to the investigator; usually jus the ME. Stoll, the state team may request provide a state team health care

provider.... talking point on that. Averitt, only people listed in the investigation, ME, Nurses, not a new investigation, the investigation already happened.

- **Medical Examiner task force and the Advocacy committee motion to support the “Suicide Mortality Review and Prevention Act of 2018”, Averitt seconded, motion passed without objection.**
- TSPN presented at the state Mental Health Planning Council in December, thanks to Stewart and Tatum will helping to make this possible.
- Tatum addressed that the license plate legislation, noting this will be passed since the Amendment has already filed with the Transportation committee and that as soon as it passes TSPN will get the information out statewide to reach the required 1000 individuals.

**Intra-State Departmental Group (Terrence (Terry) Love, MS, CPC (Intra-State Departmental Group Chair), Injury Prevention Manager, Division of Family Health and Wellness, Injury and Violence Prevention, Tennessee Department of Health)**

- Chair Love reported that each state departments gave updates.
- Chair Love announced that they invited members of the group to brainstorm on how they can raise awareness on suicide prevention within their state department year-round.
- New goals for the group were as follows: Identifying and reaching out to the telecommunications and/or social media person in each department and asking them to promote suicide awareness and prevention via social media platforms and how it will be beneficial in data collecting efforts.
  - Getting information on the monitors in each department, distributing hard copy materials, agency/division newsletters
  - Each department has a wellness council and suggested reaching out to them.
  - We suggested to invite Wellness Council representative from each state department/agency to attend the meeting if possible, to meet with Intra-state group.

**Other Business**

**Zero Suicide (Misty Leitsch, BBA, BSW, TSPN, Zero Suicide Coordinator)**

- Leitsch reported that there will no longer be a separate Zero Suicide Statewide Task Force. Oversight of the Zero Suicide Initiative will be under the TSPN Advisory Council. Any items that need to be voted on or addressed will be assigned to Strategies/Outcomes Committee and approved and signed off by the full Advisory Council. The Zero Suicide Initiative was established under this committee and approved by the Advisory Council. prior to TSPN receiving funding.
- Leitsch discussed the findings from the Zero Suicide Workforce Survey Statewide Analysis. Leitsch referred members to the diagram in their packets for review.
  - The data was collected and analyzed from 17 agencies implementing the Zero Suicide Initiative in Round 1 and 10 agencies in Round 2.
  - In round 1, less than half of all clinicians that participated responded “Strongly Agree” to the following questions, but in round 2, more than half of the clinicians responded, “Strongly Agree”
  - I bring up the topic of suicide with clients whenever I suspect they may be at risk.

- I am comfortable connecting my suicidal clients with the resources they need in the community (e.g., housing, transportation, vocational programs, volunteer opportunities, additional treatment providers, etc.).
- I am comfortable asking direct and open questions about suicide
- Leitsch reviewed other increases in competency, skills, and training
- The first sets of Technical Assistance Calls were held the first full week of February.
  - The calls went very well, and the next Zero Suicide Technical Assistance call will be scheduled for the next quarter.
- As of today, there are 3 agencies needing to complete the 2nd Round of the Organizational Survey, and 11 agencies needing to complete the 3<sup>rd</sup> Round.
- As of today, there are 8 agencies needing to complete the 2nd Round of the Workforce Survey, and 7 agencies ready to conduct the 3rd Round.
- Leitsch has provided Technical Assistance to agencies on 42 occasions and brought one new agency on board for Target 2 grant.
- Leitsch, Ridgway, Graham, and Banks will be presenting, “Zero Suicide: The Good, the Bad, and the Sustainability” at the upcoming AAS Conference in April.

#### **Crisis Text Line & National Suicide Prevention Lifeline (Scott Ridgway, MS)**

- Ridgway reported that the recent call volumes from the Lifeline are not included in the meeting packets; we requested last week and have not received from the Mental Health Association of New York City, which maintains the Lifeline’s national switchboard.
- The latest Crisis Text Line metrics are included in the meeting packets. We will not be, as of this month, getting future metrics for all the area codes in Tennessee due to funding changes, as of January 1<sup>st</sup>, 2018 will only be able to access 3 area codes in Tennessee. Executive committee will look at area codes; Love can you rotate area codes? They have not responded yet.
- TSPN staff and volunteers can now distribute 10,000 of the smaller posters, and we still have the larger posters; please see your regional coordinator.

#### **TDMHSAS Update (Morenike Murphy, LPC-MHSP, Director, Crisis Services and Suicide Prevention, Division of Mental Health Services, Tennessee Department of Mental Health and Substance Abuse Services)**

- Director Murphy reported that Commissioner Williams and Deputy Commissioner Yancey send their regrets for not being able to attend today’s Advisory Council meeting as planned.
- The Governor’s office announced the upcoming budget allocating 16 million dollars, with 10 million of this funding sourced to substance abuse and addressing the opioid epidemic.
- Murphy guided those present through the Fiscal Year 2017 Crisis Services infographic, provided to all present, detailing the many successes of the 13 mobile crisis teams statewide. This visual aid provides this statewide information, highlighting statewide crisis phone calls, face-to-face assessments and the prompt time that these assessments take place.
  - The Statewide Crisis received more than 124,000 calls in fiscal year 2017; 106,000+ Adults and 18,500+ Youth.

- More than 78,000 Face-To-Face Assessments resulted from these calls; 68,000+ Adults and 10,000+ Youth.
- Most face-to-face assessments occurred within 2 hours; 83% within 2 hours for Adult; 89% within 2 hours for Youth.
- The provided and reviewed infographic is a beginning of the departments goals to increase the public's confidence in the statewide of the mobile crisis system.
- The "Be the One" Initiative has kicked off, with the website and email systems fully functioning as well as the first train the trainer event already taken place. More details will be provided to the Advisory Council at the June TSPN Advisory Council Retreat. Visit [www.tn.gov/behavioral-health](http://www.tn.gov/behavioral-health) for more information.

### **Executive Director's Report (Scott Ridgway, MS)**

- Ridgway thanked Murphy and the Department for the Mobile Crisis handout, noting that the cost for visiting an ED is approximately \$5,645 per visit. Ridgway also highlight the need for a walk in Center and crisis stabilization unit in Columbia, the South Central Region of Tennessee needs these services in theirs area.
- Ridgway thanked the Department and Commissioner Williams for recognizing TSPN in the budget for the upcoming fiscal year, asking the Advisory Council to thank the Commissioner via email [Marie.Williams@tn.gov](mailto:Marie.Williams@tn.gov) for her continued support. This information is available on their website.
- Ridgway encouraged all to continue to spread the word around the upcoming 2018 Symposium.
- A draft of the 2018 Status of Suicide Report was passed around for viewing. TSPN hopes to have this printed prior to AFSP Day on the Hill for distribution to Legislators.
- AAS state ranking and national numbers for 2016 were included in the packet of information provided.
- In your packet, please see the first 6-months report of this fiscal year sent to the state, reporting the most recent figures on trainings, outreach, postvention, etc.
- Ridgway talked to the Governor's office yesterday and they are currently vetting the 9 vacancies within the Advisory Council, which will hopefully be filled before the retreat.
- Press release went out last Thursday about TSPN is working with the Middle TN Time and Temperature number, 615-259-2222, highlighting the National Suicide Prevention Lifeline number when people call the number. A PSA reaching the Middle TN area concerning this collaboration will be released early this month. The number has already reached more than 6,300 individuals in the area.
- This past Friday, The DOE and TN Organization of School Superintendents Co-Sponsored a two-day training for Emergency Preparedness for Schools. I presented two hours to 100 folks from Middle TN Schools on Postvention and Suicide Behavior Procedure and Checklist- well received. This group will be doing training in Jackson on 15<sup>th</sup> and 16<sup>th</sup>. The group will be in Knoxville in March.
- TSPN is partnering with AFSP for Suicide Prevention Day on the Hill, Wednesday, February 21<sup>st</sup>. Additional information about this event is available from Shannon Hall at [shannonhall567@yahoo.com](mailto:shannonhall567@yahoo.com).
- In your packet, Ridgway reviewed the new Statewide Initiatives and Development Coordinator position that would replace the Executive Assistant position vacated by Vladimir Enlow, who is now full time at NAMI TN as their Coordinator of Special

Projects. The Department signed off on the new position and Joanne Perley is the new Statewide Initiatives and Development Coordinator. This position will allow for increased statewide efforts with various initiatives for TSPN as well as opportunities to pursue outside funding and sustainability measures. An announcement will be released tomorrow for the Middle TN Regional Coordinator position.

- Staff will be attending the AAS conference the 17-21<sup>st</sup> of April.
- A Tennessee team, including Ridgway, will be in Honduras the week of 2/19-2/23 training Law Enforcement in Question, Persuade, and Refer (QPR).
- On your agenda, you will see that the retreat for 2018 is Wednesday June the 6<sup>th</sup> at Montgomery Bell State Park. Gubernatorial nominees will be invited, to respond to four questions, addressing suicide prevention and their goals in Tennessee.
  - “Lifeline” is a trained Certified Peer Recovery Specialist (CPRS) and has a minimum of two years in active recovery and willing to share their person success story.
  - Ridgway referred to working with several families in Davidson county in the last few weeks, heroin and opioid crisis, triage, addiction. He was in contact with the Davidson Co Lifeline who was very helpful. TSPN needs to be aware of these Lifeline’s that are in 7 Regions across the state; we will request one to them to talk to us at the upcoming retreat. The budget will possibly add 10 new lifeline’s that will be placed in E.Ds. with high areas of Opioid use.

### **Adjournment**

- Members were asked to mark their calendars for the next business meeting,

### **Next Advisory Council Meeting**

#### **2018 Advisory Council Retreat**

**Wednesday, June 6th starts at 1pm - Thursday, June 7th ends at noon  
Montgomery Bell State Park Inn,  
1000 Hotel Avenue,  
Burns, TN 37029**

- There being no further business, the meeting adjourned at 2:26 PM.