16th FALL PSYCHIATRIC SYMPOSIUM

THURSDAY, December 5, 2013
8:00 AM – 4:30 PM

&

FRIDAY, December 6, 2013
8:00 AM – 1:30 PM

KNOXVILLE MARRIOTT
KNOXVILLE, TN

Jointly Sponsored by:

University of Tennessee College of Nursing
University of Tennessee Graduate School of Medicine
Knoxville Area Psychological Association
National Association of Social Workers – TN Chapter
Mental Health Association of East Tennessee
Tennessee Department of Mental Health
& Substance Abuse Services

- Division of Substance Abuse Services
2013 SYMPOSIUM FACULTY

David Granirer is a mental health counselor, stand-up comic, speaker, and author of *The Happy Neurotic: How Fear and Angst Can Lead to Happiness and Success*. David, who has depression, has taught stand-up comedy to recovering addicts and cancer patients and is the founder of Stand Up for Mental Health, a program that teaches stand-up comedy to people with mental illness as a way of helping them build confidence and fight public stigma. The National Council for Behavioral Healthcare gave him the Welcome Back Award which is given to individuals who have helped promote the understanding of depression and reduced the shame and guilt associated with the illness.

Charles Nemeroff, MD, PhD is the Leonard M. Miller Professor and Chairman of the Department of Psychiatry and Behavioral Sciences and Director of the Center on Aging at the University of Miami, Miller School of Medicine in Miami, Florida. He has served as President of the American College of Psychiatrists (ACP) and the American College of Neuropsychopharmacology and sits on the Scientific Advisory Board and Board of Directors of the American Foundation for Suicide Prevention and the Anxiety and Depression Association of America.

Lane Cook MD is the Chief of Psychiatric Services at Cornerstone of Recovery and has maintained a private practice in Knoxville, TN for 25 years. He also served as Assistant Clinical Professor of Psychiatry at Baylor College of Medicine and President of the Smoky Mountain Chapter of the Tennessee Psychiatric Association. His latest practice interest is Transcranial Magnetic Stimulation. He will open the first TMS center in Knoxville in Fall 2013.

Mary Jane Davis, MPH, JD is a farmer's daughter and native of East TN. She lived in California for over a decade before moving back to God's country. She provided direct patient care in the hospital setting for 12 years prior to starting law school. She has been practicing law in public service for the State of TN since 2001, including 4.5 years as In-House counsel at Lakeshore until it closed. She is an animal lover, who is both a dog person AND a cat person.

EC Hurley, PhD, LMFT Dr. Hurley is an EMDR trainer, EMDRIA Approved Consultant, an EMDRIA Approved Provider, and an EMDR therapist. He is also the founder and executive director of Soldier Center / the Marriage and Family Institute, Clarksville, TN, near Ft Campbell, KY. E. C. Hurley, Ph.D is a retired Colonel in the U.S. Army with numerous awards.

Kimberly Littrell, MS, APRN, BC is an Advanced Practice Registered Nurse in Adult Psychiatric and Mental Health Nursing at the Promedica Psychiatry Group in Loganville, Georgia. An active clinical trials investigator, she has authored over 100 papers, book chapters, and scientific reports on a variety of psychiatric topics. Mrs. Littrell is a Diplomate in the American College of Mental Health Practitioners, a Fellow in the American Orthopsychiatric Association.

Clifton Mitchell, Ph.D. has trained thousands of mental health professionals in the management of difficult and treatment-resistant clients. He has developed an exciting *ALL NEW TN Legal & Ethical Game Show* program for mental health professionals who require ethics training.

D. Jeffrey Newport, MD is Professor of Psychiatry and Obstetrics & Gynecology at The Ohio State University College of Medicine where he serves as Director of Women’s Behavioral Health and as the Department of Psychiatry Vice Chair for Research. His research focuses on clinical and preclinical studies of women’s behavioral health with a particular emphasis on the psychobiology of psychiatric illness during pregnancy and the postpartum, the pharmacokinetics of psychotropic medication during pregnancy and lactation, and the persistent neuroendocrine and behavioral impact of early life adverse experiences.

Richard Petty, MD practiced, taught and researched in internal medicine, neurology, endocrinology, metabolic medicine and nutrition for 14 years before training in psychiatry at the Maudsley Hospital in London and Johns Hopkins in Baltimore. The author of five books, he has taught in over 45 countries around the world. He is currently Chief Medical Officer of the Clarion Psychiatric Center in Pennsylvania and holds several honorary professorships.

David Snow, MD is a graduate of the University of Tennessee and the James Quillen College of has been in private practice for 21 years in Maryville, Tennessee. He specializes in treating mood disorders.

Clifton R. Tennison, Jr., MD, is Vice President and Chief Clinical Officer for the Helen Ross McNabb Center. He has an undergraduate degree and postgraduate studies in Religion from Baylor University and completed premedical sciences at the University of Texas, Arlington. His medical degree is from Tulane University and he completed the Psychiatry Residency Training Program at The University of North Carolina in 1983. He has served as Staff Psychiatrist, Assistant Medical Director, Medical Director, and Chief Clinical Officer since 1983.

Patti Van Eys, PhD served at Vanderbilt University from 1995 to 2012 as a faculty member in the Psychology and Psychiatry departments as well as serving for 10 of those years as the clinical director of the *Vanderbilt Center of Excellence for Children in State Custody* where she conducted comprehensive psychological assessments and treatment of high-risk children. Currently, Dr. Van Eys is the Clinical Manager of Behavioral Health at BlueCare Tennessee where she continues efforts in caring for the children in DCS custody and leading efforts in system reform for Medicaid children generally.
THE SYMPOSIUM
Thursday December 5, 2013
(6 CE or CME Credits for All Day)

7:00 - 8:15 AM  CHECK - IN / Breakfast & Exhibits Open
Breakfast Sponsored by: Focus Treatment Center

8:15 AM  Welcome, Announcements, Disclosures

8:30 - 10:00 AM  Opening Session: David Granirer
“I'm OK But YOU Need Professional Help: Using Comedy To Fight Stigma.”

10:00 — 10:30 AM  Break ~ Enjoy the Exhibits

10:30 – 12 Noon  Concurrent Sessions Choose One on Registration Form
A-1 Clif Tennison, MD &
Mary Jane Davis, MPH, JD
Ethical Implications of TN Mental Health Treatment Laws: Changes Impacting Practice” Part 1 of 2
A-2 E.C. Hurley, PhD
“EMDR in PTSD”
A-3 Kim Littrell, APRN
“Treating Comorbid Substance Abuse Among Psychiatric Populations”
A-4 Clif Tennison, MD &
Mary Jane Davis, MPH, JD
Ethical Implications of TN Mental Health Treatment Laws: Changes Impacting Practice” Part 2 of 2
A-5 E.C. Hurley, PhD
“EMDR Applications for Complex Cases in Clinical Practice” Part 2 of 2
A-6 Richard Petty, MD
“Adherence to Treatment and the Role of Long Acting Medications: Helping Individuals Participate in Their Care

Ethics Participants Must Attend Both Sessions to Earn 3 Ethics Hours

12:00 – 1:00 PM  Networking Lunch (Provided)
~ Lobby ~ Sponsored by: Cornerstone of Recovery

1:00 – 2:30 PM  Concurrent Breakout Sessions (Choose One on Registration Form)
A-7 Patti Van Eys, PhD
“Trauma Informed Care in Children & Adolescents: A Best Practice Philosophy in a Vulnerable Population”
A-8 David Snow, MD
“New Agents for the Treatment of Depression”
A-9 Richard Petty, MD
“Managing Malnourished Minds in Adults”

Ethics Participants Must Attend Both Sessions to Earn 3 Ethics Hours**

2:30 – 3:00 PM  Break ~ Enjoy the Exhibits

3:00 – 4:30 PM  Concurrent Breakout Sessions (Choose One on Registration Form)
A-10 Patti Van Eys, PhD
“Trauma Informed Care in Children & Adolescents: A Best Practice Philosophy in a Vulnerable Population”
A-11 David Snow, MD
“New Agents for the Treatment of Depression”
A-12 Richard Petty, MD
“Managing Malnourished Minds in Adults”

4:30 PM  ~ EVALUATION COMPLETION / TURN IN ~ CHECK - OUT
JOHN SEVIER LOBBY ~ Ballroom Level ~
THE SYMPOSIUM  
Friday December 6, 2013  
(4.5 CE or CME Credits for All Day)

7:00 – 8:00 AM  
CHECK - IN ~ Breakfast & Exhibits Open  
Breakfast Sponsored by: Bradford Health Systems

8:00 – 8:15 AM  
Welcome, Announcements, Disclosures

8:15—9:45AM  
Charles Nemeroff, MD  
“Prediction of Disease Vulnerability and Treatment Response in Mood Disorders: Personalized Medicine in Psychiatry”

9:45 – 10:15 AM  
Break ~ Enjoy the Exhibits ~ Move to Next Session

10:15—11:45 PM  
Concurrent Breakout Sessions (Choose One on Registration Form)

B-1 Richard Petty, MD  
“Managing Malnourished Minds in Children and Adolescents”

B-2 Lane Cook, MD  
“Medication Assisted Therapy for Addiction”

B-3 Clifton Mitchell, PhD  
“Know Your Tennessee Law and Ethics: The Legal and Ethical Game Show Challenge” Part I**

Ethics Participants Must Attend Both Sessions to Earn 3 Ethics Hours**

11:45 – Noon  
Break ~ Enjoy the Exhibits ~ Move to Next Session

Noon - 1:30 PM  
Concurrent Breakout Sessions (Choose One on Registration Form)

B-4 Kimberly Littrell, APRN  
“Using Rating Scales To Ensure You Get Paid”

B-5 Jeffrey Newport, MD  
“Perinatal Neuropsychopharmacology: From Anti-Depressants To Anti-psychotics & Opiates”

B-6 Clifton Mitchell, PhD  
“Know Your Tennessee Law and Ethics: The Legal and Ethical Game Show Challenge” Part II**

Ethics Participants Must Attend Both Sessions to Earn 3 Ethics Hours**

1:30  
~ EVALUATION COMPLETION / TURN IN ~ CHECK - OUT JOHN SEVIER LOBBY ~ Ballroom Level ~

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Overall Conference Learning Objectives

Participants will be able to:

1. Participants will be able to discuss treatment compliance barriers, identify strategies to improve compliance and review pharmacological therapies to improve treatment compliance in schizophrenia, bipolar disorder and addictions.
2. Participants will be able to describe new treatment options for depression as well as specific psychiatric and addiction treatment strategies for pregnant or lactating women.
3. Participants will be able to review emerging science surrounding genetics and gene-environmental interactions in the pathogenesis of mood disorders.
4. Participants will be able to analyze mental health law and ethics requirements within Tennessee Code, including Title 33 and professional codes of conduct.
~ 16TH FALL PSYCHIATRIC SYMPOSIUM ~

Continuing Education Information:

**Physicians:**

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the University of Tennessee College of Medicine and the Mental Health Association of East Tennessee. The University of Tennessee College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

**AMA:** The University of Tennessee College of Medicine designates this live activity for a maximum of 10.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**CEU’s:** Non-physicians can obtain continuing education credits by attending activities that award continuing medical education credits to physicians. Each *AMA PRA Category 1 credit* hour translates into one-tenth of a general CEU. This activity is designated for up to 1.05 CEUs.

**Nurses:** This program provides up to 10.5 contact hours through The University of Tennessee, College of Nursing. The University of Tennessee College of Nursing is an approved provider of continuing nursing education by the Tennessee Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

*NURSES SHOULD NOTE: ADDITIONAL $10 fee for The University of Tennessee, College of Nursing CE CERTIFICATE is payable with your registration.*

**Psychologists:** Knoxville Area Psychological Association (KAPA) is approved by the American Psychological Association to provide continuing education to psychologists and maintains responsibility for this program. KAPA has designated up to 10.5 CE credits for attendees of the 16th Fall Psychiatric Symposium, 6 CE credits for December 5th attendance, 4.5 CE credits for attending December 6th. In accordance with American Psychological Association policies, *no partial CE credits will be awarded to psychologists at either program.*

*PSYCHOLOGISTS SHOULD NOTE: ADDITIONAL $20 fee for non-KAPA members wanting CE credit from KAPA is payable with your registration.*

**Social Workers:** This program was approved by the National Association of Social Workers – Tennessee Chapter (Provider Number: NASWTN 2013-0116) for 10.5 continuing education units.

**Licensed Marriage & Family Therapists** - LMFTs are required by the TN Licensure Board to earn “Soft CEUs” or contact hours. Contact hours earned equal the total number of hours attended. Attendees may earn up to 10.5 contact hours based upon actual attendance.

**Licensed Professional Counselors:** NBCC Rules Section 5A 04450-01-12 recognizes continuing education credit earned at NASW approved programs. *This program was approved by the National Association of Social Workers – Tennessee Chapter (Provider Number: NASWTN 2013-0116) for 10.5 continuing education units.*

**Licensed Alcohol and Drug Abuse Counselors:** This training is approved by the Tennessee Department of Mental Health, Division of Alcohol and Drug Abuse Services, for up to 10.5 LADAC contact hours.
16TH FALL PSYCHIATRIC SYMPOSIUM

Hotel Accommodations:  www.marriott.com/tysmc

Online code: mnhmnha  Group: Fall Psychiatric Symposium
Rate: $139.95 per night  Or by phone - CALL 1-800-228-9290

Knoxville Marriott
501 Hill Avenue Knoxville, TN 37915  Callers MUST request the “MENTAL HEALTH ASSOCIATION” block

Limited Rooms are available due to other events.

Other nearby hotels if room block is sold:

Crown Plaza  865-522-2600  Holiday Inn  865-522-2800

Four Points Sheraton  865-971-4663  Hilton  865-523-2300

DIRECTIONS:

Directions will be provided with your registration confirmation via email.

Please provide email on registration form.

PARKING INFORMATION: LEAVE EARLY & Arrive early for best parking. Parking is FREE in the Marriott parking garage. Overflow parking at Civic Coliseum.

ATTIRE: Business casual. Bring a sweater or jacket to put on or remove for your personal comfort.

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Un-restricted Educational Grants have been received from:

Tennessee Department of Mental Health & Substance Abuse Services
-Division of Substance Abuse Services
16th Fall Psychiatric Symposium CEs / CMEs for: □ Nursing □ Physician □ Psychology □ Social Work □ LADAC □ LMFT □ LPC □ Other ________

Name: ______________________________ Degrees: ___________________________ Gender ___ M ___ F
Affiliation ___________________________ Email: ____________________________
Address ________________________________________________________________

City/State/Zip _____________________ Phone: ______________________ FAX __________

□ Standard Meal □ Vegetarian Meal Requested

Required For Continuing Medical Education Credit (Required for Physicians only Enter data below):

Last four digits of Social Security # ______________________ Birth Month and Year ________

REGISTRATION FEES: __________________________ (Please check) __________________________ MHA Members Save 10% on Registration

Discounted Before November 26, 2013:  
□ Thursday ONLY - $109 (students w/ID $90)  
□ Friday ONLY - $99 (student w/ID $80)  
□ Thursday and Friday - $159 (students w/ID $120)  
□ ADD $75 MEMBERSHIP DUES (see below)  
□ ADD $20 Non KAPA Member Fee  
□ ADD $10 NURSE CE Certificate Fee  
□ Discounted Fee – Total Due $ _________

NOTE: Limited On-site registration  ADD $50 per day

Students must send in a clear, legible copy of their student ID.

Please choose Breakout Sessions in advance to ensure seating and materials.

Thursday 10:30-noon (Choose one for each break out time to ensure seating in each room)

□ A1 “Ethical Implications of TN Mental Health Treatment Laws Part 1 of 2*  
□ A2 “EMDR in PTSD Part 1 of 2  
□ A3 “Treating Comorbid Substance Abuse Among Psychiatric Populations”

Thursday 1:00 PM – 2:30 PM

□ A4 “Ethical Implications of TN Mental Health Treatment Laws” Part 2 of 2*  
□ A5 “EMDR Applications for Complex Cases in Clinical Practice” Part 2 of 2  
□ A6 “Adherence to Treatment and the Role of Long Acting Medication”

Thursday 3:00 – 4:30 PM

□ A7 “Trauma Informed Care in C&Y  
□ A8 “New Agents for Treatment of Depression”  
□ A9 “Managing Malnourished Minds in Adults”

Friday 10:15 AM – 11:45 PM

□ B1 “Managing Malnourished Minds in Children and Adolescents”  
□ B2 “Medication Assisted Therapy For Addiction”  
□ B3 “TN Law & Ethics Game Show Part 1 of 2*”

Friday NOON – 1:30 PM

□ B4 “Using Rating Scales to Ensure You Get Paid  
□ B5 “Antipsychotic Medications in Pregnancy & Lactation”  
□ B6 “TN Law & Ethics Game Show Part 2 of 2*”

MAKE CHECK PAYABLE TO: MENTAL HEALTH ASSOCIATION AND SEND TO P O BOX 32731 KNOXVILLE, TN  37930-2731. REFUNDS will be made (excluding a $20 processing fee) for cancellations received by 5PM November 26th. Cancellation after November 26th will not receive a refund.

PAYMENT:  CHECK ENCLOSED ___________________________ Or Call 865-584-9125 or FAX form with CREDIT CARD info. to: 865-824-0040

Account No. __________________________________________ Exp.Date ____ / ____ Signature __________________________

□ VISA □ MasterCard Professional Members are treatment professionals (MDs, PhDs, RNs, LCSWs etc) who make a membership contribution of $75 or more to the MHA annually. Professional Member Benefits include: 10% off training fees, referral listing, 50 free brochures, newsletters, bulk brochure pricing. JOIN TODAY – SAVE 10% OFF Registration.
Post Office Box 32731
Knoxville, TN 37930-2731

Mark Your Calendar Now!!
December 5-6, 2013
Up to 10.5 Hours CME / CE

Agenda Highlights:

• Laugh and Learn with David Granirer
• 3 ETHICS HOURS BOTH DAYS
• Long Term Treatment Strategies
• EMDR in PTSD
• Moods and Foods in Adults
• Antipsychotic Medications in Pregnancy & Lactation
• EMDR Skill Building
• Using Rating Scales to Ensure You Get Paid
• Trauma Informed Care in Children & Youth

Registration Also Available on-line at
www.mhaet.com