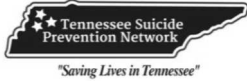


# TSPN CALL TO ACTION

VOLUME 12, ISSUE 8  
AUGUST 2016

TENNESSEE SUICIDE PREVENTION NETWORK



## TSPN WORKS WITH AGENCIES ACROSS STATE FOR SUICIDE PREVENTION AWARENESS MONTH

The Tennessee Suicide Prevention Network invites regional members to ask their agencies to participate in Suicide Prevention Awareness Month by helping with our proclamation project, circulating our "30 Days of Suicide Prevention" calendar, or participating in one of our many events planned for this September.



At last year's Suicide Prevention Awareness Day event, Mike Seal (second from left) received the Madge and Ken Tullis, MD, Suicide Prevention Award for his efforts on behalf of suicide prevention in Tennessee. Also pictured, from left to right, TSPN Executive Director Scott Ridgway; Sejal West, Assistant Commissioner of Mental Health Services within the Tennessee Department of Mental Health and Substance Abuse Services (TDMHSAS), and TSPN Advisory Council Chair Tim Tatum.

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Each year the Governor of Tennessee signs off on a proclamation reaffirming state government's commitment to the cause of suicide prevention. Meanwhile, our regional members seek out endorsements for similar proclamations from city and county mayors across the state. Most years we manage representation of about 85 of Tennessee's 95 counties, and often the signing of the proclamation is witnessed by regional members and/or covered by local media outlets.

TSPN's central office can provide you with an activity packet including a sample proclamation document.

Also included are a press release regarding Suicide Prevention Awareness Month and a set of nine brief individual articles on suicide prevention, all suitable for circulation within your agency. (For example, a company newsletter could publish these articles one-by-one over the course of several editions.)

Interested parties should e-mail [tspn@tspn.org](mailto:tspn@tspn.org) for information on issuing a Suicide Prevention Awareness Month proclamation on behalf of their agency.

## SUICIDE PREVENTION AWARENESS DAY EVENT

Meanwhile, our Suicide Prevention Awareness Day event is scheduled for 10:30 AM on Wednesday, September 14, at Trevecca Community Church, located at 335 Murfreesboro Pike in Nashville. This year's event will feature the presentation of the Governor's proclamation as well as proclamations from cities and counties all over the state. Also, we will recognize this year's Regional Suicide Prevention Award winners and announce the winner of the Madge and Ken Tullis, MD, Suicide Prevention Award.

Guests will have an opportunity to review the new "Love Never Dies" Memorial Quilt (twelfth in the series), the military boot exhibit from Fort Campbell—a display that powerfully depicts the effects of suicide on our veterans and their families—and a travelling art installation coordinated by Your Heart on Art, Inc. and created by survivors of suicide and suicide attempts. This event is being sponsored by Vanderbilt Behavioral Health, with a catered luncheon immediately following the ceremony's close.

RSVPs are required for this event for catering purposes; please submit these to [spad16.eventbrite.com](http://spad16.eventbrite.com) no later than 4 PM CDT on Friday, September 9.

**Vanderbilt  
Behavioral Health**

VANDERBILT UNIVERSITY  
MEDICAL CENTER

446 METROPLEX DRIVE  
SUITE A-224  
NASHVILLE, TN 37211  
PHONE: (615) 297-1077  
FAX: (615) 269-5413  
E-MAIL: [TSPN@TSPN.ORG](mailto:TSPN@TSPN.ORG)  
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## SUICIDE PREVENTION AWARENESS MONTH EVENTS

The following events have been scheduled as part of TSPN's annual statewide observance of Suicide Prevention Awareness Month. For your convenience, they have been divided up by Tennessee Grand Regions. For questions about these events, contact your Regional Coordinator at the contact information listed below.

NOTE: this list represents only activities that have been finalized as of press time. The September edition of the *TSPN Call to Action* will feature a more comprehensive listing of events.

### Middle Tennessee

**Thursday, August 25 (6-8 PM):** Daniel Seal Suicide Prevention Forum, Cookeville High School, 1 Cavalier Drive, Cookeville, ZIP 38501. For more information, contact Mike Seal at [mikeseal@charter.net](mailto:mikeseal@charter.net) or (931) 265-4358.

**Friday, August 26 (9 AM-3 PM):** "Saving Lives in South Central Tennessee", Cherry Theater, Waymon L. Hickman Building, Columbia State Community College, 1665 Hampshire Pike, Columbia, ZIP. Full agenda and online registration available at [slsct16.eventbrite.com](http://slsct16.eventbrite.com).

**Tuesday, September 6 (6 PM):** "Trousedale Remembers", Hartsville Courthouse Lawn, 200 East Main Street, ZIP 37074. Event will feature remarks from two area survivors of suicide. Contact Brenda Harper at [bsharper0925@gmail.com](mailto:bsharper0925@gmail.com) for details.

**Thursday, September 8 (6-8 PM):** "Light to Hope" awareness/memorial event; Cookeville Higher Education Campus, 1000 Neal Street, Cookeville. To include musical performances and presentations from local mental health experts. Pre-registration available at <http://light-to-hope-16.eventbrite.com>.

**Friday, September 9: #WeMatter Suicide Prevention Gala;** Studio 615, 272 Broadmoor Drive, Nashville, ZIP 37207. Contact Emoni Wilkins at [emoniwilkins@gmail.com](mailto:emoniwilkins@gmail.com) for details.

**Saturday, September 10:** Nashville Music Row Walk, Owen Bradley Park. Check-in/registration at 9 AM, walk begins at 10, walk ends at 12 PM. For more information, please contact Josh Easler at [josh.easler@sonymusic.com](mailto:josh.easler@sonymusic.com) or (615) 969-7262. Register and/or donate for this walk at <http://bit.ly/2agKCxZ>.

**Saturday, September 10:** Annual Suicide Awareness & Prevention Walk/Program, Farmer's Market Pavilion and Jerry Dixon Walking Trail, Centerville. Sponsored by the Hickman-Perry County Suicide Prevention Task Force. To include presentations by the Task Force and the Mental Health Subcommittee of the Hickman County Health Council. Guest speaker Rachel Moore. Contact Jennifer Harris at [jennifer.harris@sth.org](mailto:jennifer.harris@sth.org) for details.

**Tuesday, September 13 (6 PM):** Wilson County "Never Alone", awareness/memorial event, Cumberland University (quad outside dining hall), 1 Cumberland Square, Lebanon. The event will feature two local survivors, as well as the local veterans affairs officer who will address the issues around veteran/military suicides. Musical performance and presentation by Your Heart on Art, Inc, also scheduled. Contact Brenda Harper at [bsharper0925@gmail.com](mailto:bsharper0925@gmail.com) for details.

**Tuesday, September 20 (6 PM):** "Macon Memories", Key Park, Church Street, Lafayette. The event will feature a local survivor of suicide as well as the local veterans affairs officer. Students from Macon County High School to participate as well. Contact Brenda Harper at [bsharper0925@gmail.com](mailto:bsharper0925@gmail.com) for details.

**Thursday, September 22 (6 PM):** Mid-Cumberland Suicide Prevention Awareness Month event, New Life Baptist Church, 4809 Gallatin Pike, in Nashville, ZIP 37216. The event will include a picnic dinner, several guest speakers, a bubble release, and performances by the cast of the musical "7 Ways to Sunday". Pre-registration required; available at <https://mcspae16.eventbrite.com>.

**Friday, September 23 (8 AM-12 PM):** Suicide Prevention and Awareness Training ("One Team, One Fight"), 3135 Trenton Road, Clarksville, ZIP 37040. This training session is intended for pastors, ministry leaders, and funeral home directors and is by invitation only. Sponsored by Cumberland Hall Hospital. Contact Misty Leitsch at [mleitsch@tspn.org](mailto:mleitsch@tspn.org) or (615) 312-3121 for more details.

**Saturday, October 1 (4-8 PM):** Awareness Walk/Balloon Release, Old Franklin County Football Field, 839 Dinah Shore Boulevard, Winchester. Sponsored by "Making a Difference: Suicide Awareness Matters". Contact Ellen Stowers at [ellen.stowers1970@gmail.net](mailto:ellen.stowers1970@gmail.net) for more information.

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### West Tennessee

**Thursday, September 1 (8:30 AM-3 PM):** "Saving Lives in Rural West Tennessee", Ayers Auditorium, Jackson-Madison County General Hospital, 620 Skyline Drive, Jackson, ZIP 38301. Full agenda and online registration available at [slrwt16.eventbrite.com](http://slrwt16.eventbrite.com).

**Friday, September 9 (9 AM-12 PM):** Memphis/Shelby County Suicide Prevention Awareness Month Event, 8500 Walnut Grove Road, Memphis, ZIP 38018. Keynote speaker: M. David Rudd, Ph.D., President of the University of Memphis. Additional details available at <http://tspn.org/wp-content/uploads/2016/07/SLMSC-2016.pdf>. Pre-registration available at <http://slms16.eventbrite.com>.

**Saturday, October 22: Memphis-MidSouth Walk,** Memphis Botanic Garden, 750 Cherry Road. Check-in/registration at 9 AM, walk begins at 10, walk ends at 12 PM. For more information, please contact Tonia Howell at [tonia.howell@gmail.com](mailto:tonia.howell@gmail.com) or (901) 652-0312. Register and/or donate for this walk at <http://bit.ly/29Z1A4j>.

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### East Tennessee

**Saturday, September 3 (7 PM):** TSPN Benefit Concert, Open Chord Music, 8502 Kingston Pike, Knoxville, ZIP 37919. To include performances by Annandale, Jimmy & the Jawbones, OverSoul, Tears To Embers, and the Worn Out Souls. Contact Amy Dolinky at [adolinky@tspn.org](mailto:adolinky@tspn.org) or (847) 309-4340 for details.

**Thursday, September 15 (11 AM-2:30 PM):** LGBTQ Youth and Suicide Prevention Event, Bridgewater Place, 205 Bridgewater Road, Knoxville, ZIP 37923. The event will include a panel discussion featuring local experts on LGBTQ youth issues, including faith responses, homelessness/transitional living situations, and suicide risk. Contact Amy Dolinky at [adolinky@tspn.org](mailto:adolinky@tspn.org) or (847) 309-4340 for details.

**Friday, September 16 (all day):** East Tennessee "Stand Together" social media campaign. Participants will post photos of themselves wearing turquoise and/or purple with the hashtags #EndSuicide2016, #TSPN, or #ETStandTogether. Contact Amy Dolinky at [adolinky@tspn.org](mailto:adolinky@tspn.org) or (847) 309-4340 for details.

**Saturday, October 1:** Knoxville TN Community Walk, Victor Ashe Park. Check-in/registration at 8:30 AM, walk begins at 9:30, walk ends at 12 PM. For more information, please contact P.J. Alexander at [pj4031@tds.net](mailto:pj4031@tds.net) / (865) 671-9631 or Patrick Wade at [patrickwade@gmail.com](mailto:patrickwade@gmail.com) / (865) 696-1182. Register and/or donate for this walk at <http://bit.ly/2ae0BKx>.

**Saturday, October 22:** Chattanooga Walk, Tennessee Riverpark at the Hubert Fry Pavilion. Check-in/registration at 9 AM, walk begins at 10, walk ends at 1 PM. For more information, please contact Holly Sanders at [hsanders74@comcast.net](mailto:hsanders74@comcast.net) / (423) 653-1739 or Lisa Miller at [cherrubs99@gmail.com](mailto:cherrubs99@gmail.com) / (423) 316-9054. Register and/or donate for this walk at <http://bit.ly/29Tp3xX>.

## TATTOO STUDIO HOSTS BENEFIT FOR MEMPHIS CRISIS CENTER



On June 7, Memphis-area tattoo studio Underground Art staged "Illuminated: A Semicolon Tattoo Event" as a fundraiser for the Memphis Crisis Center and to raise awareness about mental health and suicide.

Over 1,000 people came out to Memphis's Cooper-Young district for live music, a silent auction, and food provided by local restaurants and food trucks. Non-profit vendors included Shelby County Crime Victim's Center, The Rape Crisis Center, the Family Safety Center, Memphis Area Gay Youth, and Project Athena. The Crisis Center's booth at the event included brochures and pamphlets from TSPN.

About 100 people at the event received unique semicolon tattoo designs from local tattoo artists who donated their services to the event. (The semicolon has been adopted by mental health activists as a symbol of hope for those struggling with trauma, mental illness, suicide, addiction, and other issues.) Guests had the option of wearing name tags and stickers featuring the emotional problems they were dealing with, annotated with dots specifying whether they were willing to talk about these issues with others—a green dot for yes; a red dot for no.

"Illuminated" was proposed by Underground Art proprietor Angela Russell, who approached the Crisis Center following the suicide death of a close friend. Russell was interested in creating a safe communal space to provide help for those struggling with emotional problems and trauma.

The event raised \$4,300 for the Crisis Center and helped start a supportive community-wide conversation about mental health and emotional wellness. The Crisis Center and TSPN would like to thank Russell, the tattoo artists at Underground Art, and other community partners for bringing this event to the people of Memphis.



Above: people line up at Underground Art's studios at 2287 Young Avenue for custom semicolon tattoos.

Below: an example of the annotated name tags available to event guests

(Photos courtesy of Mike LaBonte).

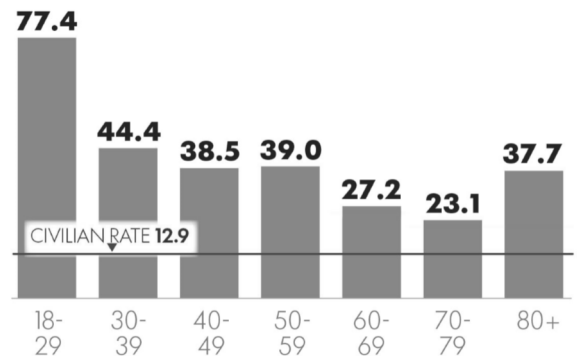
## NEW VA REPORT: 20 VETERANS A DAY LOST TO SUICIDE

New data from the Department of Veterans Affairs (including the first actual count of suicides among former service personnel) offers current information on suicide among this high-risk demographic.

The latest report found 7,403 deaths among veterans in 2014, averaging out to 20 deaths a day—as compared to the estimate of 22 deaths a day announced in 2010. Suicide rates are highest among male ex-soldiers aged 18-29, at a rate of 86 deaths per 100,000 people. This is four times the rate of active-duty service personnel and six times the rate for the general population. The suicide rate among female veterans aged 18-29 was 33 per 100,000, six times the rate for women in that age group overall. Overall, veterans accounted for 9% of the U.S. population in 2014 but 18% of the suicide deaths.

The VA continues to offer the Veterans Crisis Line (1-800-273-TALK, extension 1) and other mental health resources. It has also pledged to reform procedures at the VA call center, citing internal reports of staff leaving shifts early and high levels of call rollover to other back-up centers. Officials at the VA are also interested in researching possible connections to combat exposure or sexual trauma in the military and suicide among female veterans.

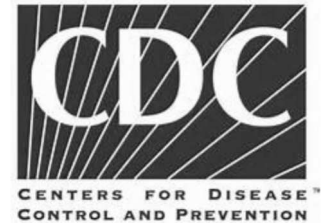
The National Action Alliance for Suicide Prevention issued a press release on July 7 describing the report as "a renewed call to action to address suicide among our nation's veterans and among all Americans". The Action Alliance notes that between 2001 and 2014, suicide rates among veterans accessing services through the Veteran's Health Administration (VHA) rose by 8.9%, compared to the 38.6% increase among veterans not seeking VHA services, demonstrating the difference that VA resources can make when responding to a veteran in crisis. The press release includes a detailed description of suicide prevention and crisis intervention resources available to current and former service personnel. The press release is available online at the Action Alliance website (<http://bit.ly/29C6Fib>).



This graphic accompanied a USA TODAY report on the new suicide death figures released by the Department of Veterans Affairs. It shows suicide rates among veterans (male and female) for the year 2014, as compared to the suicide rate among civilians.

## SUICIDE RISK AND OCCUPATION

People who work in the farming, fishing, and forestry industries have the highest rates of suicide among all other occupational groups, according to an analysis of data from the National Violent Death Reporting System (NVDRS). Workers in the aforementioned field had a suicide rate of 84.5 per 100,000 in 2012, the year researchers chose for analysis—more than six times higher than the 2012 overall U.S. suicide rate of 12.9 per 100,000.



Other occupational groups with high suicide rates included construction/extraction workers (53.3) and the fields of installation, maintenance, and repair (47.9), as defined by the national Standard Occupational Classification (SOC) system used by the Bureau of Labor Statistics. Farming, fishing, and forestry also accounted for the highest rates of suicide among men that year (90.5 per 100,000). The highest rates of suicide among women (14.1) were found among what the SOC calls the protective service occupational group—police officers, security guards, etc. The lowest rates of suicide overall were found in the SOC's education, training, and library occupational group (7.5)—teachers, college professors, researchers, and library professionals.

The study authors theorize that the aforementioned high-risk groups are exposed to job-related isolation and demands, stressful work environments, and work-home imbalance, lower incomes and educational levels, lack of access to health services—all known suicide risk factors by themselves. Some researchers believe that farmers' frequent exposure to pesticides and installation/maintenance/repair workers' exposure to certain solvents might cause neurologic damage that may contribute to depressive symptoms and suicidal behavior.

A project of the Centers for Disease Control and Prevention, NVDRS collects information on violent deaths, including suicides, from multiple sources, including death certificates, coroner and medical examiner reports, and law enforcement reports, to monitor trends and inform prevention efforts. NVDRS includes data from 17 states (not including Tennessee).

The citation for this study is as follows: McIntosh W.L., et al., (2016). Suicide rates by occupational group—17 states, 2012. *MMWR Morbidity and Mortality Weekly Report* 65:641–645. DOI: <http://dx.doi.org/10.15585/mmwr.mm6525a1>.

## 1 IN 9 TEENS EXPERIENCE MAJOR DEPRESSION EACH YEAR



One out of nine teenagers (ages 12-17) reported having a major depressive episode (MDE) over the last twelve months, according to the latest National Survey on Drug Use and Health (NSDUH).

The report, a publication of the Substance Abuse and Mental Health Services Administration, defines an MDE as a period two weeks or more in duration of depressed mood and/or loss of interest in usual activities, combined with problems involving sleep, diet, concentration, energy, and self-worth. The overall rate of MDEs in the age group studied was 11%, up from the rate of 9.9% reported in last year's NSDUH survey.

The report also analyzed rate of teenage MDEs by state, finding that thirteen states experienced statistically significant increases since the last report. Tennessee was one of the ten states with the lowest rates of past-year adolescent MDE during the survey period, although no clear regional patterns were evident.

"Highlighting the prevalence of adolescent MDE at the state level may help state and local prevention specialists in their efforts to raise awareness of the signs of adolescent depression, to increase screening for adolescent depression, and to more widely disseminate information on the availability of treatment for adolescents with MDE," the study authors explained.

The citation for this report is as follows: NSDUH. The CBHSQ Report. Published online July 7, 2016. Available URL: [http://www.samhsa.gov/data/sites/default/files/report\\_2385/ShortReport-2385.html](http://www.samhsa.gov/data/sites/default/files/report_2385/ShortReport-2385.html).

# TSPN REGIONAL CALENDAR

No December meetings are scheduled unless otherwise marked. Dates marked in bold and in copper indicate alternate meeting dates intended to accommodate state holidays or other previously scheduled events.

**East Tennessee Region**

monthly, 3rd Thursday, 12:15 PM  
Third Floor Conference Room, Cherokee Health Systems, 2018 Western Avenue, Knoxville, 37921  
August 18, no meeting in September, October 20, November 17, no meeting in December

**Memphis/Shelby County Region**

monthly, 3rd Tuesday, 11:30 AM  
Memphis Crisis Centers Training Facility, 70 North Pauline, Memphis, 38105  
August 16, no meeting in September, October 18, November 15, no meeting in December

**Mid-Cumberland Region**

monthly, 2nd Thursday, 9:30 AM  
TSPN central office, 446 Metroplex Drive, Suite A-224, Nashville, 37211  
August 11 (location TBD), no meeting in September, October 13, November 10 (location TBD), December 8

**Northeast Region**

monthly, 4th Thursday, 9:00 AM  
Frontier Health, 1167 Spratlin Park Drive, Gray, 37615  
August 25, no meeting in September, October 27, and November 17

**Rural West**

monthly, 3rd Wednesday, 10:30 AM  
Fifth Floor, West Tennessee Healthcare Building, 1804 Highway 45 Bypass, Jackson, 38305  
August 17, no meeting in September, October 19, and November 16

**South Central**

monthly, 1st Wednesday, 11:00 AM  
Conference Room A, South Central Regional Health Office, 1216 Trotwood Avenue, Columbia, 38401  
August 3, no meeting in September, October 5, November 2, and December 7

**Southeast Region**

monthly, first Thursday, 11:30 AM  
Omni Community Health, 1635 Chestnut Street, Chattanooga, 37408  
August 4, no meeting in September, October 6, November 3, and December 1

**Upper Cumberland Region**

monthly, 4th Thursday, 9:00 AM  
Volunteer Behavioral Health, 1200 Willow Avenue, Cookeville, 38502  
August 25, no meeting in September, October 27, November 17, and December 22

**Intra-State Department Meetings**

2 PM–4 PM  
TSPN central office, 446 Metroplex Drive, Suite A-224, Nashville, TN 37211  
August 10 and November 9

**Advisory Council**

September 14 (Trevecca Community Church, 335 Murfreesboro Road, Nashville, 37210)

**Blount County Mental Health Awareness and Suicide Prevention Alliance**

monthly, 1st Friday, 12:00 PM  
Boys and Girls Club Meeting Room, Fort Craig Elementary School, 520 South Washington Street, Maryville, 37804  
August 5, September 2, October 7, November 4, and December 2

**Bradley-McMinn-Meigs-Polk Counties Suicide Prevention Task Force**

monthly, 2nd Wednesday, 11:30 AM  
Pine Ridge Treatment Center, Tennova Healthcare, 2800 Westside Drive Northwest, Cleveland, 37312  
August 10, no meeting in September, October 12, November 9, and December 14

**Davidson County Suicide Prevention Task Force**

monthly, 4th Tuesday, 3:00 PM  
Large Conference Room at Mental Health Cooperative, 275 Cumberland Bend Drive, Nashville 37228  
August 23, no meeting in September, October 25, November 15, no meeting in December

**Giles County Suicide Prevention Task Force**

quarterly, 3rd Monday, 10:30 AM  
Giles County Career Center, 125 South Cedar Lane, Pulaski, 38478  
September 19 and December 19

**Behavioral Health and Suicide Prevention for Hickman-Perry Counties**

monthly, 4th Friday, 12:00 PM (lunch served at 11:30 AM)  
Conference Room, St. Thomas Hickman Hospital, 135 East Swan Street, Centerville, 37033  
August 26, no meeting in September, October 28, November 18, no meeting in December

**Montgomery-Houston-Humphreys-Stewart Suicide Prevention Task Force**



monthly, 3rd Friday, 9 AM  
Youth Villages, 651 Stowe Court, Clarksville, 37040  
August 19, no meeting in September, October 21, November 18, December 16

**Rutherford County Suicide Prevention Coalition**

monthly, 1st Tuesday, 5:15 PM  
TrustPoint Hospital, 1009 North Thompson Lane, Murfreesboro, 37129  
August 2, no meeting in September, October 4, November 1, and December 6

## September 2016 **30 Days of Saving Lives in Tennessee**

In advance, obtain proclamations from your local mayors. Go online to [www.tspn.org](http://www.tspn.org) and click on the daily calendar for more tips and links to help you complete these daily tasks.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Suicide Prevention Awareness Month in Tennessee</b>					
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

TSPN's "30 Days of Suicide Prevention" calendar (see page 1) features suggestions for everyday actions for suicide prevention, such as promoting regional meetings and offering Network resources to people and agencies who may need it.

The calendar is available for download on the TSPN website (<http://tspn.org/wp-content/uploads/2016/07/SPAM-CALENDAR-2016.pdf>).

# ADVISORY COUNCIL CONTACT INFORMATION

If you are interested in getting involved with TSPN on a local level or have other questions, contact the chairperson of your region as indicated by the map provided below:

**East Tennessee region**

Anne Young, MS, CAS  
(865) 216-9884

[anneyoung@cornerstoneofrecovery.com](mailto:anneyoung@cornerstoneofrecovery.com)

**Memphis and Shelby County**

Pastor Waring Porter  
(901) 233-2175

[wporter@allsaintspres.com](mailto:wporter@allsaintspres.com)

**Mid-Cumberland region**

Eileen Wallach  
(615) 456-3777

[eileen@yourheartonart.org](mailto:eileen@yourheartonart.org)

**Northeast region**

Jack Stewart, MA  
(423) 787-1663

[bluespringsdc@yahoo.com](mailto:bluespringsdc@yahoo.com)

**Rural West region**

Sabrina Anderson  
(731) 422-2008

[sanderson@bgcjmc.org](mailto:sanderson@bgcjmc.org)

**South Central region**

Karyl Chastain Beal, MEd, CT  
(931) 388-9289

[karylcb@bellsouth.net](mailto:karylcb@bellsouth.net)

**Southeast region**

Eve Nite  
(423) 697-5952

[enite@omnicommunityhealth.com](mailto:enite@omnicommunityhealth.com)

**Upper Cumberland region**

Anne Stamps  
(931) 484-8020 or 823-5678  
[jstamps@vbhcs.org](mailto:jstamps@vbhcs.org)

**Advisory Council Chair**

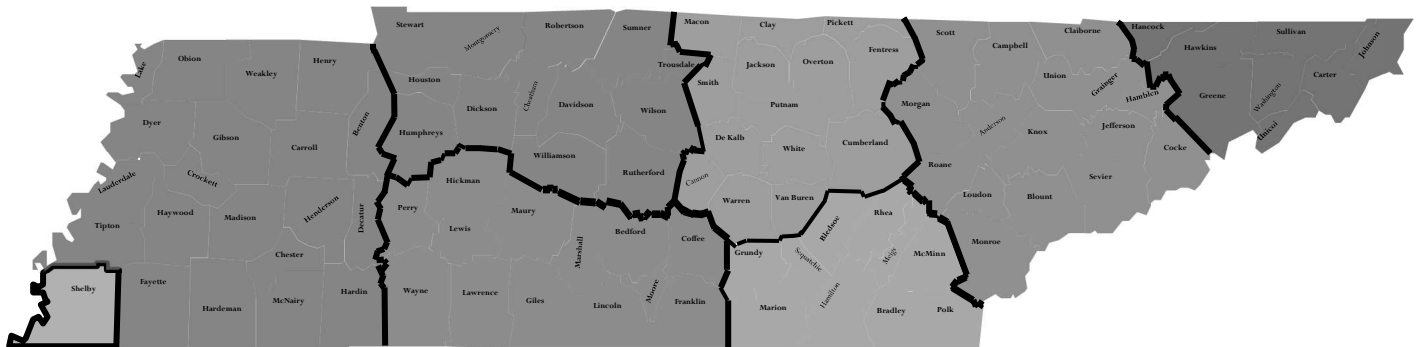
Tim Tatum, MA, LPC-MHSP  
(423) 339-4351  
[tim.tatum@mytennova.com](mailto:tim.tatum@mytennova.com)

**Executive Director**

Scott Ridgway, MS  
(615) 297-1077  
[sridgway@tspn.org](mailto:sridgway@tspn.org)

**Advisory Council Emeritus Group Chair**

Jodi Bartlett, Ed. S, LPC-MHSP  
(931) 423-7866 or  
(931) 423-4123, ext. 166  
[jbartlett@vbhcs.org](mailto:jbartlett@vbhcs.org)



**TSPN Staff**

Scott Ridgway, MS; Executive Director: (615) 297-1077 or [sridgway@tspn.org](mailto:sridgway@tspn.org)

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Amy Dolinky, BA, East Tennessee Regional Coordinator: (847) 309-4340 or [adolinky@tspn.org](mailto:adolinky@tspn.org)

Samantha Nadler, LMSW, Middle Tennessee Regional Coordinator: (615) 312-3116 or [snadler@tspn.org](mailto:snadler@tspn.org)

Joanne Perley, MPH, West Tennessee Regional Coordinator: (931) 215-3954 or [jperley@tspn.org](mailto:jperley@tspn.org)

Vladimir Enlow, MTS, Executive Assistant: (615) 297-1077 or [vladimire@tspn.org](mailto:vladimire@tspn.org)