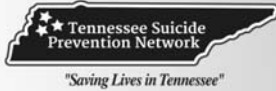


TSPN CALL TO ACTION

VOLUME 12, ISSUE 10
OCTOBER 2016

TENNESSEE SUICIDE PREVENTION NETWORK



RECORD CROWD AT SUICIDE PREVENTION AWARENESS DAY EVENT IN NASHVILLE

325 people attended this year's Suicide Prevention Awareness Day ceremony on September 14 at Trevecca Community Church in Nashville. This figure represents the largest number ever in attendance for this event, the annual highlight of TSPN's statewide Suicide Prevention Awareness Month campaign.



A photo of the crowd at the Suicide Prevention Awareness Day event, shortly after it started (photo courtesy of Leslie Judson of TDMHSAS).

Melissa Sparks, MSN, RN, Director, Office of Crisis Services and Suicide Prevention, within the Division of Mental Health Services of the Tennessee Department of Mental Health and Substance Abuse Services (TDMHSAS), presented this year's proclamation of September as Suicide Prevention Awareness Month from Governor Bill Haslam. Proclamations from city and county governments across the state were on display at the event; over 100 of these have been received by the central office.

Scott Couch, anchor/reporter with WZTV-Fox 17 News, emceed the event, which featured remarks from Nathaniel Clark, MD, Chief Medical Officer at Vanderbilt Behavioral Health and Associate Professor of Clinical Psychiatry and Behavioral Sciences at Vanderbilt University Medical Center. Vanderbilt Behavioral Health sponsored this year's event and the luncheon that followed.

Also speaking at this year's observance was Tracey Fortner, retired from the Nashville Fire Department. Since surviving a suicide attempt last year, Fortner has spoken on radio and television about his struggles with substance abuse and mental health issues. More information about Fortner's testimony and mission is available at his website (www.traceyfortner.com).

This year's Madge and Ken Tullis, MD, Suicide Prevention Award went to Dr. Cynthia Lynn in recognition of her efforts as a QPR trainer for college students and faculty across TSPN's East Tennessee Region. She also founded ComPaSS, a suicide survivors support group in Jefferson City, and assisted with the establishment of two similar groups connecting survivors within this region. Other Regional Suicide Prevention Awards were announced during the event and are mentioned in this publication.



Dr. Cynthia Lynn (center) accepts this year's Madge and Ken Tullis, MD, Suicide Prevention Award. Also pictured, from left to right, TSPN Advisory Council Chair Tim Tatum and TSPN Executive Director Scott Ridgway.

Additionally, TSPN bestowed this year's Suicide Awareness and Prevention Service Award on Kelsey Neeley for her efforts in developing and promoting the passage of "Jared's Law" (see the April edition of the *TSPN Call to Action* for details). The counseling center staff at Tennessee Tech University, University of Tennessee-Chattanooga, and University of Tennessee-Martin received this year's Community Partner Award for their promotion of the cause of suicide prevention within the student body and faculty of their respective universities through special campus events and through suicide prevention training sessions. David Plazas, News Editor of the *Tennessean*, was on hand to accept this year's Special Media Award, recognizing the paper's longstanding promotion of TSPN's mission and projects.

The Network would like to thank everyone who submitted a panel for the latest "Love Never Dies" Memorial Quilt (twelfth in the series) dedicated during this program. We would also like to thank Eileen Wallach, CEO of Your Heart on Art, Inc., for making the "A Journey No One Should Walk" art installation available for this event and others across the state.

Full details regarding other events associated with Suicide Prevention Awareness Month are available in this issue. TSPN wishes to thank all those who helped organize these events, whose passion and dedication have seen the Network through another year of outreach, education, and lives saved.

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TSPN PARTNERS WITH AFSP FOR “OUT OF THE DARKNESS” WALKS



TSPN Executive Director Scott Ridgway and Middle Tennessee Regional Coordinator Samantha Nadler at TSPN's exhibit at the Nashville Row Music Walk (photo courtesy of Angelynn Edwards).

TSPN is a proud partner and supporter of this year's "Out of the Darkness" Community Walks, staged by the American Foundation for Suicide Prevention (AFSP). The Network encourages you to join us on these dates and support AFSP'S efforts.

About 1,500 people came out to the Nashville Music Row Walk at Nashville's Owen Bradley Park on September 10. TSPN had an exhibit at the event and was well-represented among the walkers present, who raised over \$70,000 for AFSP. The money raised at these events will be invested in new research, educational programs, public policy advocacy, and support for suicide loss survivors, help AFSP reach its goal to reduce the annual suicide rate by 20% by the year 2025.

Three more walks are planned for across the state this month:

Saturday, October 1: Knoxville TN Community Walk, Victor Ashe Park. Check-in/registration at 8:30 AM, walk begins at 9:30, walk ends at 12 PM. For more information, please contact P.J. Alexander at pj4031@tds.net / (865) 671-9631 or Patrick Wade at

patrickwade@gmail.com / (865) 696-1182. Register and/or donate for this walk at <http://bit.ly/2ae0BKx>.

Saturday, October 22: Chattanooga Walk, Tennessee Riverpark at the Hubert Fry Pavilion. Check-in/registration at 9 AM, walk begins at 10, walk ends at 1 PM. For more information, please contact Holly Sanders at hsanders74@comcast.net / (423) 653-1739 or Lisa Miller at cherrubs99@gmail.com / (423) 316-9054. Register and/or donate for this walk at <http://bit.ly/29Tp3xX>.

Saturday, October 22: Memphis-MidSouth Walk, Memphis Botanic Garden, 750 Cherry Road. Check-in/registration at 9 AM, walk begins at 10, walk ends at 12 PM. For more information, please contact Tonia Howell at tonia.howell@gmail.com or (901) 652-0312. Register and/or donate for this walk at <http://bit.ly/29Z1A4j>.

Online registration for each walk closes at noon local time the Friday before the event. However, anyone who would like to participate can register in person at the walk from the time check-in begins until the walk starts. Walk donations are accepted until December 31.

TSPN encourages you to join us at one of these events and looks forward to its developing relationship with AFSP and its local chapters.

SOUTHEAST REGIONAL UPDATE

The Southeast Region staged its inaugural “We Are Glass”, an awareness/networking event, at the Camp House in Chattanooga on September 15.

The event was inspired by CMA award-winning song writer Jon Nite's song “Glass” who granted full permission to use the song royalty-free. Mr. Nite reported he was “blown away” that his song was making such an impact in partnership with TSPN.

This event, organized under the leadership of Regional Chair Eve Nite, was designed to build connections with the general public regarding suicide prevention and behavioral health. Several local mental health and social service agencies were on hand to provide information about their respective programs, while guests enjoyed coffees and hors d'oeuvres. Nick Wilkinson, Deputy Administrator of Economic Development for the City of Chattanooga, presented a Suicide Prevention Awareness Month proclamation on behalf of Mayor Andy Berke, praising TSPN's innovative efforts to reach people in the Chattanooga area.

The program featured several spoken word and musical performances, and towards the end of the event, emcee Nite offered guests the opportunity to share their own experiences with suicide and mental illness. It also featured the presentation of this year's Regional Suicide Prevention Award to Sylvia Phillips at “We Are Glass” in recognition of her ongoing work on behalf of NAMI Chattanooga and TSPN, and her involvement in setting up exhibits on TSPN's behalf at local health fairs and community events across the Southeast Region.

TSPN anticipates making this an annual event, and would like to thank our sponsors for helping us make it a success: Camelot Care, Mental Health Cooperative, Omni Community Health, and Parkridge Valley.

Earlier that day, students at UT-Chattanooga attended a suicide prevention awareness event featuring information from community agencies, refreshments, and the “Journey No One Should Walk” art installation.



From left to right: Southeast Regional Chair Eve Nite, TSPN Advisory Council member Wanda Mays, TSPN Executive Director Scott Ridgway, and TSPN East Tennessee Regional Coordinator Amy Dolinky.

EAST TENNESSEE REGIONAL UPDATE

Open Chord Music in Knoxville hosted a benefit concert for TSPN hosted by on September 3. Local music groups Annandale, OverSoul, Jimmy and the Jawbones, and the Worn Out Soles performed at the music venue, including songs addressing suicide, loss, and the aftermath in their sets. Open Chord has previously offered its space to TSPN for suicide prevention training sessions.

Later in the month, approximately 250 people attended the LGBTQ Youth and Suicide Prevention Event, held on September 15 at Bridgewater Place. The event, a partnership between TSPN and the East Tennessee Council on Children and Youth (ETCCY) included a panel discussion featuring local experts on LGBTQ youth issues, including faith responses, homelessness/transitional living situations, and suicide risk.

On September 16, people from across the state participated in TSPN's East Tennessee "Stand Together" social media campaign. Participants posted photos of themselves wearing turquoise and/or purple with the hashtags #EndSuicide2016, #TSPN, or #ETStandTogether.



A photo from the "LGBTQ Youth and Suicide Prevention" event on the 15th. Pictured from left to right: Amanda Messer, Tennessee Department of Children's Services; TSPN East Tennessee Regional Coordinator Amy Dolinky; Anna Shugart, chair of the Blount County Mental Health and Suicide Prevention Alliance; guest speaker Justin Sweatman-Weaver, Executive Director of the Sumner County Anti-Drug Coalition and guest speaker; Frieda Herron, a clinician in private practice who hosted the event panel; TSPN Executive Director Scott Ridgway; Taylor Phipps, K-Town Youth Empowerment Network; Lindsey Cody, Regional Program Administrator/Coordinator for ETCCY; panelist Liza Hawkins; Anne Young, chair of TSPN's East Tennessee Region; Chip Barry, Project Manager for Knoxville Mayor Madeline Rogero; ETCCY Vice President Kathy Cotten Bryant; and ETCCY Treasurer Kim Spoon (photo courtesy of Tinah Utsman).

UPPER CUMBERLAND REGIONAL UPDATE



Jessica Pruett (right) receives the Regional Suicide Prevention Award from TSPN Executive Director Scott Ridgway and Upper Cumberland Regional Chair Anne Stamps during the "Light to Hope" event (photo courtesy of Christina Mick).

A record 150 people attended this year's 11th Annual "Light to Hope" Suicide Prevention Awareness Month event, held at Cookeville Higher Education Campus in Cookeville on September 8.

Dr. Christina Mick of the Counseling Center at Tennessee Tech University provided the keynote address at this event, which included musical performances by Selena Foutch, Sayota Knight, David Koci, and the Algood Middle School Choir. The event also featured a spoken word performance by James Gribble Jr. and a ceremonial bird release coordinated by Kathy Prosser. Vickie Bilbrey, Marketing Recruiting Coordinator, OakPoint Center (and a member of TSPN's Advisory Council) provided the opening and closing prayer. Regional Chair Anne Stamps emceed the event and dedicated the new "Love Never Dies" Memorial Quilt.

Jessica Pruett of Volunteer Behavioral Health received this year's Regional Suicide Prevention Award, in light of her longtime efforts on behalf of Network projects. These include circulating information about mental health and suicide prevention at local health fairs and community events, securing Suicide Prevention Awareness Month proclamations from local officials, and providing church bulletin inserts to local houses of worship.

The Upper Cumberland Region led off this year's Suicide Prevention Awareness Month observance with the Daniel Seal Suicide Prevention Forum, held at Cookeville High School on August 25. This annual event provides parents, teachers, and community members with information on how they can prevent suicide among young people. About 100 people were in attendance at this year's event.



MID-CUMBERLAND REGIONAL UPDATE



Brenda Harper speaks at the "Macon Memories" event on September 20. TSPN would like to thank Harper for her efforts in organizing this event as well as "Trousdale Remembers" and "Never Alone" in Wilson County.

About 100 people attended the Middle Tennessee Regional Suicide Prevention Awareness Event held on September 22.

This year's event took place in a new venue-- New Life Baptist Church, home to the Theater Bug, whose members performed numbers from "7 Ways to Sunday" (see page 1) during the program. The event also featured a color guard performance by the Franklin High School JROTC unit, a blessing from Rabbi Joshua Kullock of West End Synagogue, and remarks from guest speakers Sal Gonzalez, Luckie Westlund, Shannon Hall, and James Burton. Vanderbilt Behavioral Health sponsored a light dinner for guests ahead of the program's start.

During the program, Burton and Hall were recognized as the Regional Suicide Prevention Award winners for the Mid-Cumberland Region and the Intra-State Departmental Group, respectively. Burton was honored for two decades of volunteer work as co-facilitator of the survivors' support group in Nashville. Hall was recognized for promoting the passage of Jared's Law earlier this year and helping to build partnerships between TSPN and the Middle Tennessee chapter of the American Foundation for Suicide Prevention.

Smaller observances were held across the region in September, including "Trousdale Remembers" in Hartsville on September 6, the "Never Alone" event at Cumberland University in Lebanon on the 13th, and the "Macon Memories" observance in Lafayette on the 20th. The #WeMatter Suicide Prevention Movement held its Totally '80s Party, a concert/fundraiser, in Nashville on September 9. Finally, TSPN hosted an enhanced QPR training session for clergy and funeral directors in Clarksville on the 23rd, sponsored by Cumberland Hall Hospital.

SOUTH CENTRAL REGIONAL UPDATE

Events in the South Central Region got off to an early start with "Saving Lives in South Central Tennessee", held at Columbia State Community College (which co-sponsored the event) on August 26.

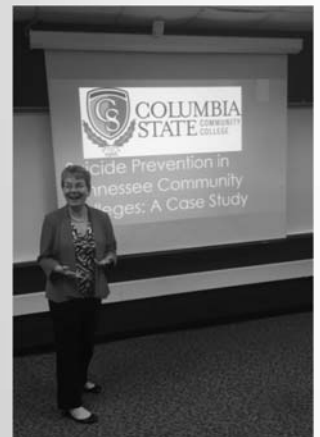
This conference, attended by roughly 100 people, featured opening remarks from Janet F. Smith, President of the college, while Sandra Perley Ed.D, MSN, RN, a professor of nursing there, presented original research on the mental health needs of community college students, as well as suicide prevention policy and procedures within Tennessee community colleges.

Dr. Rodney Poling, Medical Director, Behavioral Healthcare Center of Columbia, presented information on depression and suicidal ideation in older adults. Chaplain Maj. Mark Philips of the Tennessee Army National Guard discussed current suicide prevention efforts for veterans and armed forces personnel. Regina Peery of Cowboy Up presented on that agency's 10 years of youth suicide prevention education efforts. TSPN Executive Director Scott Ridgway provided an overview of local suicide trends, and TSPN Middle Tennessee Regional Coordinator Samantha Nadler detailed the role of the lived experience community within the national suicide prevention movement.

Sponsors of this event included Behavioral Healthcare Centers, Cowboy Up, and United Healthcare. TSPN also wishes to acknowledge the support of Behavioral Health and Suicide Prevention for Hickman-Perry Counties, Parents of Suicides-Friends and Family of Suicides, and St. Thomas Hickman Hospital.

Meanwhile, Behavioral Health and Suicide Prevention for Hickman-Perry Counties staged the 6th Annual Remembrance 2 Resilience Walk on September 10 at the Farmer's Market Pavilion and Jerry Dixon Walking Trail in Centerville. The event included presentations by the Task Force and the Mental Health Subcommittee of the Hickman County Health Council, with local suicide prevention activist Rachel Moore as guest speaker.

One more event in the South Central Region is forthcoming: the Awareness Walk/Balloon Release sponsored by "Making a Difference: Suicide Awareness Matters" from 4-8 PM on October 1 at the Old Franklin County Football Field, located at 839 Dinah Shore Boulevard in Winchester. Interested parties should contact Ellen Stowers at ellen.stowers1970@gmail.net for more information.



Perley presents her research during "Saving Lives in South Central Tennessee" on August 26.

Dr. Perley received this year's Regional Suicide Prevention Award for her work to connect TSPN with Columbia State, her research on suicide prevention resources on college campuses, her assistance in developing a TSPN brochure targeting colleges students, and her work as a suicide prevention trainer.

RURAL WEST REGIONAL UPDATE

Over 150 people attended “Saving Lives in Rural West Tennessee”, held at Jackson-Madison County General Hospital on September 1.

This year’s event focused on the concept of Adverse Childhood Experiences (ACEs), traumatic childhood events which can affect later-life health and well-being. Specifically, the conference discussed the role of ACEs in suicidal behavior—studies show that the risk for attempted suicides increases 30- fold in individuals who have 6 or more ACEs. More information on the concept is available on from the Centers for Disease Control and Prevention (<https://www.cdc.gov/violenceprevention/acestudy/about.html>).

Patti van Eys, PhD, Chief Clinical Officer at Omni Visions, Inc., who provided an overview of the role of Adverse Childhood Experiences (ACEs) in suicidal ideation, the neurobiology of trauma, and the links to mental, physical, and psychosocial adverse outcomes that contribute to suicidality. Jennifer Drake-Croft, Director of Early Childhood Well-Being for the Tennessee Commission on Children and Youth, reviewed research on emotional resilience and individual and community strategies to help develop this bulwark against the aftereffects of ACEs and other trauma. The lecture from Samantha Nadler, TSPN’s Middle Tennessee Regional Coordinator, discussed her own personal lived experience with suicide, tying in concepts of developmental trauma and factors that either help or hinder recovery.

The Rural West Tennessee Suicide Prevention Network would like to thank the following Conference Sponsors: Behavioral HealthCare Center at Martin, Behavioral Health Initiatives, Inc., Carey Counseling Center, the Jackson-Madison County Regional Health Department, Lakeside Behavioral Health System, the Northwest Council on Children and Youth, Pathways Behavioral Health Services, Quinco Mental Health Center, Team Mica, UnitedHealthcare, and Youth Villages.

The Rural West Regional Suicide Prevention Award winner is Sean Jones, Crisis Program Director at Carey Counseling Center. Certified in the AMSR, QPR, and Mental Health First Aid protocols, Jones provides training in all these curricula to Carey employees and the community at large outside of his regular job duties. Also, he is actively involved in the statewide Zero Suicide Initiative Task Force and on of its foremost advocates in West Tennessee.



Sean Jones (center) receives this year’s Regional Suicide Prevention Award during “Saving Lives in Rural West Tennessee” on September 1.

MEMPHIS/SHELBY COUNTY REGIONAL UPDATE



Pictured from left to right: Perley, TSPN Executive Director Scott Ridgway, Rudd, and Porter.

In the background is the "A Journey No One Should Walk" art installation; see the photo collage on page 6 for details.

M. David Rudd, Ph.D., President of the University of Memphis and Past President of the American Association of Suicidology, provided the keynote address at “Saving Lives in Memphis/Shelby County”, held at Hope Church in Memphis on September 9.

About 200 people attended the event, where Rudd discussed his years of research in suicide prevention (particularly suicide among veterans) and the role of hope in the crisis intervention process. The event also featured lived experience testimony from local activist Patricia Lara Garybal and a presentation for survivors of suicide loss by Joanne Perley, TSPN’s West Tennessee Regional Coordinator.

Sponsors and supporters of this event included Addiction Campuses, Crestwyn Behavioral Health, Correct Care Solutions, Lakeside Behavioral Health System, Hope Church, Saint Francis Hospital, UnitedHealthCare, and Youth Villages.

The Regional Suicide Prevention Award for this year goes to Pastor Waring Porter of All Saints Presbyterian Church for his assistance in helping the Memphis/Shelby County Region build its outreach to and influence within local houses of worship. He has appeared on local television and radio programs, promoting TSPN and the cause of suicide prevention to large audiences. Additionally, he routinely takes the initiative in set-up and take-down for local TSPN exhibits.



SUICIDE PREVENTION AWARENESS MONTH 2016 IN PICTURES



Lilla Grace and Virginia Richardson, cast members of "7 Ways to Sunday", perform a number from the musical during the Suicide Prevention Awareness Day event on September 14. Framed copies of the panels from this year's "Love Never Dies" memorial quilt (later given to contributing families) are in the foreground.



Scott Couch, anchor for WZTV-TV in Nashville (far left), poses for a photo with (left to right), TSPN Executive Director Scott Ridgway, TSPN Advisory Council Chair Tim Tatum, and TSPN Zero Suicide Coordinator Misty Leitsch following the Suicide Prevention Awareness Day event.



At right: "The Journey No One Should Walk" is the theme for this year's traveling art installation by Your Heart on Art, Inc., a Nashville-based non-profit devoted to the expression and release of emotional trauma through art. Each of the shoes featured in this display was decorated by a survivor of a suicide loss, an attempt, or ideation. This installation was displayed at events across Tennessee during the month of September.



55 people turned out for Cowboy Up's "Light Up the Darkness" Suicide Awareness Walk on September 20 at the Riverwalk in Columbia. The event featured musical performances by Sean Gasaway and a candlelight vigil for those lost to suicide (photo courtesy of Regina Peery).



The #WeMatter Suicide Prevention Movement staged its Totally '80s Party on September 8 as a fundraiser for TSPN. About 100 people came out for 80s-themed musical performances and refreshments, and to share their stories of mental health recovery and wellness.



Students at Central High School in Knoxville participated in the "Stand Together for Suicide Prevention" social media campaign observed on September 16 across Tennessee's East Grand Region (photo courtesy of Thabita Cocan).



Winners of this year's Regional Suicide Prevention Awards pose for a photo with Mr. Ridgway, Mr. Tatum, and Mr. Couch.

Pictured, from left to right: Pastor Waring Porter (Memphis/Shelby County), Dr. Sandra Perley (South Central), Sylvia Phillips (Southeast), Jack Stewart (Northeast), Jessica Pruett (Upper Cumberland), Dr. Cynthia Lynn (East Tennessee/statewide winner), James Burton (Middle Tennessee), Sean Jones (Rural West), and Shannon Hall (Intra-State Departmental Group) (photo courtesy of Leslie Judson).

TSPN REGIONAL CALENDAR

No December meetings are scheduled unless otherwise marked. Dates marked in bold and in sapphire indicate alternate meeting dates intended to accommodate state holidays or other previously scheduled events.

East Tennessee Region

monthly, 3rd Thursday, 12:15 PM
Third Floor Conference Room, Cherokee Health Systems, 2018 Western Avenue, Knoxville, 37921
October 20, November 17, no meeting in December

Memphis/Shelby County Region

monthly, 3rd Tuesday, 11:30 AM
Memphis Crisis Centers Training Facility, 70 North Pauline, Memphis, 38105
October 18, November 15, no meeting in December

Mid-Cumberland Region

monthly, 2nd Thursday, 9:30 AM
TSPN central office, 446 Metroplex Drive, Suite A-224, Nashville, 37211
October 13, November 10 (location TBD), December 8

Northeast Region

monthly, 4th Thursday, 9:00 AM
Frontier Health, 1167 Spratin Park Drive, Gray, 37615
October 27 and November 17

Rural West

monthly, 3rd Wednesday, 10:30 AM
Fifth Floor, West Tennessee Healthcare Building, 1804 Highway 45 Bypass, Jackson, 38305
October 19 and November 16

South Central

monthly, 1st Wednesday, 11:00 AM
Conference Room A, South Central Regional Health Office, 1216 Trotwood Avenue, Columbia, 38401
October 5, November 2, and December 7

Southeast Region

monthly, first Thursday, 11:30 AM
Omni Community Health, 1635 Chestnut Street, Chattanooga, 37408
October 6, November 3, and December 1

Upper Cumberland Region

monthly, 4th Thursday, 9:00 AM
Volunteer Behavioral Health, 1200 Willow Avenue, Cookeville, 38502
October 27, **November 17**, and December 22

Intra-State Department Meetings

2 PM–4 PM
TSPN central office, 446 Metroplex Drive, Suite A-224, Nashville, TN 37211
November 9

Advisory Council

February 8, 2017 (Metro Nashville Police Department, Hermitage Precinct, 3701 James Kay Lane, Hermitage 37076)

Blount County Mental Health Awareness and Suicide Prevention Alliance

monthly, 1st Friday, 12:00 PM
Boys and Girls Club Meeting Room, Fort Craig Elementary School, 520 South Washington Street, Maryville, 37804
October 7, November 4, and December 2

Bradley-McMinn-Meigs-Polk Counties Suicide Prevention Task Force

monthly, 2nd Wednesday, 11:30 AM
Pine Ridge Treatment Center, Tennova Healthcare, 2800 Westside Drive Northwest, Cleveland, 37312
October 12, November 9, and December 14

Davidson County Suicide Prevention Task Force

monthly, 4th Tuesday, 3:00 PM
Large Conference Room at Mental Health Cooperative, 275 Cumberland Bend Drive, Nashville 37228
October 25, **November 15**, no meeting in December

Giles County Suicide Prevention Task Force

quarterly, 3rd Monday, 10:30 AM
Giles County Career Center, 125 South Cedar Lane, Pulaski, 38478
December 19

Behavioral Health and Suicide Prevention for Hickman-Perry Counties

monthly, 4th Friday, 12:00 PM (lunch served at 11:30 AM)
Conference Room, St. Thomas Hickman Hospital, 135 East Swan Street, Centerville, 37033
October 28, **November 18**, no meeting in December

Montgomery-Houston-Humphreys-Stewart Suicide Prevention Task Force

monthly, 3rd Friday, 9 AM
Youth Villages, 651 Stowe Court, Clarksville, 37040
October 21, November 18, December 16

Rutherford County Suicide Prevention Coalition

monthly, 1st Tuesday, 5:15 PM
TrustPoint Hospital, 1009 North Thompson Lane, Murfreesboro, 37129
October 4, November 1, and December 6



Nashville's Pedestrian Bridge was lit up in purple and turquoise on the night of September 14 in recognition of Suicide Prevention Awareness Day. TSPN thanks Gordon Richard with the Special Events Office within the Office of the Mayor of Metropolitan Nashville-Davidson County and the Department of Public Works for their assistance with this project (photo courtesy of AFSP Middle Tennessee).

ADVISORY COUNCIL CONTACT INFORMATION

If you are interested in getting involved with TSPN on a local level or have other questions, contact the chairperson of your region as indicated by the map provided below:

East Tennessee region

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(865) 216-9884

anneyoung@cornerstoneofrecovery.com

Memphis and Shelby County

Pastor Waring Porter
(901) 276-1478

wporter@allsaintspres.com

Mid-Cumberland region

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(615) 456-3777

eileen@yourheartonart.org

Northeast region

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bluespringsdc@yahoo.com

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enite@mhc-tn.org

Upper Cumberland region

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Samantha Nadler, LMSW, Middle Tennessee Regional Coordinator: (615) 312-3116 or snadler@tspn.org

Joanne Perley, MPH, West Tennessee Regional Coordinator: (931) 215-3954 or jperley@tspn.org

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