



"Saving Lives in Tennessee"

**TSPN Emeritus Group
Conference Call Meeting
Friday, February 3, 2017
9 AM Central / 10 AM Eastern
Call-in number: (641) 715-0861
Access code: 403540#**

Minutes

Members Present

Sabrina Anderson, Boys and Girls Club of Jackson (Rural West Regional Chair, Emeritus)
Pam Arnell, Ed.D, Arnell's Counseling Service (Advisory Council Co-Secretary, Emeritus)
Jodi Bartlett, Ed.S, LPC-MHSP, Community Advocate (Upper Cumberland Regional Chair, Emeritus / Past Emeritus Chair)
Carol Burroughs, Lexington County Schools (Rural West Regional Chair, Emeritus)
Jennifer Harris, St. Thomas Hickman Hospital (Advisory Council Chair, Emeritus)
Kim Rush, Ed.S., LPC-MHSP, Volunteer Behavioral Health Care System (Advisory Council Member, Emeritus)
Anna Shugart, Director, Emotional Health & Recovery Center, Blount Memorial Hospital (Blount County Mental Health and Suicide Prevention Alliance Chair, Emeritus / Emeritus Chair)

TSPN Staff Present

Vladimir Enlow, MTS, Executive Assistant
Scott Ridgway, MS, Executive Director

Proceedings

- Shugart called the meeting to order at 9:05 AM.
- Bartlett motioned for approval of the minutes from the previous meeting, Anderson seconded, and there were no objections.

TSPN Update

- Ridgway stated that in future meetings, he planned to send out the agenda and the minutes combined in one document, as is done for the Executive Committee.
- The Advisory Council is set for meeting on February 8: Goodwill Industries of Middle Tennessee, Inc., located at 937 Herman Street in Nashville, ZIP 37208 (near the Bicentennial Mall and the Farmer's Market).
 - This meeting will also be an opportunity for planning for the new year. Guests for this meeting are:
 - Marie Williams, LCSW, the new Commissioner of the Tennessee Department of Mental Health and Substance Abuse Services (TDMHSAS)
 - Sejal West, the new Deputy Commissioner of TDMHSAS
 - Matt Yancey, the new Assistant Commissioner of TDMHSAS
 - and Adele Lewis, MD, Deputy State Chief Medical Examiner.

- Committee meetings will begin promptly at 10:30; these will be of an abbreviated nature (15-20 minutes) to allow set-up for Lewis's remarks.
- Guests have been asked to submit their questions for Lewis and Williams by this afternoon for possible inclusion of relevant materials in the meeting packets.
- Guests will participate in a photo op with our guests for the Crisis Text Line and should dress accordingly.
- Ridgway reviewed objectives assigned to each committee:
- Advocacy Committee: review and possible revision of language in gubernatorial and mayoral Suicide Prevention Awareness Month proclamations.
- Outreach Committee: Discussion of options of promotion of Crisis Text Line, as well as possible program agenda items for the Advisory Council Retreat.
- Strategies/Outcomes/Evaluations Committee: Review and ratification of the Tennessee Strategy for Suicide Prevention Evaluation already approved by the Executive Committee ahead of submission to the full Advisory Council.
- Ridgway reminded the Group about the Advisory Council retreat planned for June 7-8 at Montgomery Bell State Park.
- TSPN staff and members continue to solicit sponsors for the "Steps Toward a Safer Tennessee" symposium planned for Wednesday, April 19.
 - Ridgway recapped the current list of sponsors:
 - The current list of sponsors is as follows:
 - American Foundation for Suicide Prevention
 - Behavioral Health Initiatives
 - Blue Cross Blue Shield of Tennessee
 - Bridges for the Deaf and Hard of Hearing
 - Camelot Care
 - Centerstone
 - Cornerstone of Recovery
 - Cumberland Hall Hospital
 - Dennis H. Jones Living Well Network within Methodist Healthcare
 - Elements Behavioral Health
 - Freed-Hardeman College
 - KidLink Treatment Services
 - Mental Health Association of East Tennessee
 - Mental Health America of Middle Tennessee
 - Mental Health Cooperative
 - NAMI Tennessee
 - Tennessee Association of Mental Health Organizations
 - Tennessee Department of Correction
 - Tennessee Department of Mental Health and Substance Abuse Services
 - Tennessee Department of Safety and Homeland Security
 - Tennessee Commission on Children and Youth
 - Tennessee Psychiatric Association
 - UnitedHealthcare
 - Vanderbilt Behavioral Health
 - Volunteer Behavioral Health
 - Additionally, the symposium has been endorsed by the Tennessee Sheriffs' Association.
 - 300 people are expected to attend; roughly 125 seats are reserved or registered. Ridgway asked Group members to promote registration at every possible opportunity.
 - Ridgway is working with Shannon Hall to arrange for POST certification for law enforcement personnel.

- State Sen. Richard Briggs (R-Knoxville) and state Rep. Sam Whitson (R-Franklin) have agreed to sponsor the Tullis Act in the General Assembly this term; Jack Stewart continues to engage state Rep. Jeremy Faison (R-Cosby) for his possible support.
- In response to an inquiry from Shugart, Ridgway explained that the Emeritus Group would not meet during the Council's committee segment; Ridgway would prefer Group members to join other committees of their choosing to offer guidance and recommendations.
- Ridgway confirmed that several new members of the Council are expected at the upcoming retreat, raising the priority of the Group's orientation project.
- In response to an inquiry from Harris, Ridgway confirmed that Emeritus Group members are encouraged, but not required, to attend Council meetings.
- Ridgway stated plans to poll Group members about their readiness to begin calling and mentoring new advisory council members as well as whether they wish to stay on the group. He noted that there are some members who, for various reasons, do not or cannot participate in the meetings.

Emeritus Group Nomination

- Ridgway noted the recently received Emeritus Group nomination for Ben Harrington.
- **Arnell motioned for approval of Ben Harrington's nomination to the Emeritus Group, Burroughs seconded and there were no objections.**
- Harrington's title for Emeritus Group purposes is "Advisory Council Chair Emeritus", considering his service in this role from 2003 to 2006.

Council Member Orientation Project/Binder Review

Projects and Resources

- Harris had been assigned to review this section of the Advisory Council binder. As such, she drew up recommendations for including all current brochures and flyers, as well as examples of the three newsletters.
- This part of the orientation process would include showing new members a copy of each brochure and flyer, guiding them to the location of the brochure archive on the website (<http://tspn.org/brochures-2>), instructing them how to request items for hand-off or drop-off by central office staff, and introducing them to both the paper and online version of the materials distribution form.
- Harris noted that the hard copy of the materials distribution form does not clearly delineate the available flyers and brochures, and information section at the top is rather compacted. She suggested the whole form could be streamlined.
- Harris also suggested having examples of the giveaway items, like the keychains and wristbands, available so new members know what these are.
- In response to Harris's inquiry, Enlow said that forms may either be scanned and e-mailed to the central office or fed into the online form.
- The orientation will also include information on the newsletters—their target populations, their publication frequency, and where they can be found on the website.¹
- Shugart thanks Harris for the detailed overview she developed, and Harris agreed to continue work on the other sections.

History and Background

¹ TSPN Call to Action at <http://tspn.org/tcta2>; Out of the Shadows at <http://tspn.org/out-of-the-shadows>; can you hear me? at <http://tspn.org/can-you-hear-me>.

- Bartlett recalled that she started developing an outline of TSPN's history with areas she thought needed emphasis, but rethought the format after Enlow briefed her on the timeline already on the website (<http://tspn.org/tspn-background-and-history>).
- She has been using the foundational history document developed by Madge Tullis as a guide for this project, as well as the timeline currently included in the binder.
- Ridgway noted that the graphical form of the timeline included in the previous strategy pamphlet was abandoned because with the passage of time, there were too many developments to include. Enlow will send Bartlett the current timeline as it appears in the new pamphlet.
- Bartlett will contact Tullis personally for additional insights on the project.
- Ridgway would like to see an infographic form of the timeline, like what Eve Nite developed for the last symposium and the youth suicide prevention poster developed by TDMHSAS. Enlow can provide copies of both for consideration.
- Bartlett asked how the different parts of the orientation would be integrated into a single PowerPoint presentation; Ridgway affirmed that the central office could handle this aspect of the project and the Group could discuss this further at the next meeting.

Strategies

- Shugart continues to manage this section of the project.
- Ridgway announced that copies of the new strategy pamphlets will be available at next week's meeting; meanwhile, everyone on the Group confirmed prior receipt of the PDF sent out by Enlow.

Additional Sections

- Shugart asked for additional volunteers to take on sections of the binder not yet claimed by Group members.
- Burroughs offered to handle the "Advisory Council" section, which details Council structure, roles, and responsibilities.
- Arnell was interested in the "Regional Information" section, which covers regional boundaries, chairs, and current projects. But she wanted clarification on how to handle that last item.
- Ridgway explained that every region works on different projects according to the demographics of their region and community needs. This part of the orientation should not be bogged down with details. It is sufficient to review ongoing statewide projects like the Emergency Department Resource Toolkits, the Gun Safety Project, the Zero Suicide Initiative, and the Crisis Text Line.

Closing

- Ridgway and Shugart encouraged Group members to be ready to discuss their progress at the next meeting.
- In the meantime, Ridgway will continue to emphasize the need for current Council members to bring their binders with them to each meeting. He commented that all handouts being provided next will come hole-punched for easy insertion.

Scheduling of Next Meeting

- After review of schedules, Group members agreed on another conference call for 9 AM Central / 10 AM Eastern on Friday, March 17, using the current number and access code.
- There being no further business, the meeting adjourned at 9:49 AM.