

Mental Health Resource Directory - Blount County

▪ **Crisis Telephone Numbers**

Suicide Prevention, 1-800-273-TALK (8255) - Tennessee Suicide Prevention Network: www.TSPN.org
Teen Suicide Prevention, 1-800-273-TALK (8255); www.JasonFoundation.com
Text Crisis Resources - text "TN" to 741-741, or go to www.TSPN.org
Veterans Crisis Line – 1-800-273-8255; Press "1" www.maketheconnection.net
Crisis Stabilization Unit (CSU), and/or Medically Monitored Crisis Detox, 865-541-6958
Mobile Crisis Unit, Adults and Youth, 865-539-2409 or toll free 1-855-CRISIS-1 (1-855-274-7471)
LGBTQ Crisis Hotline - 1-866-488-7386; www.thetrevorproject.org
CONTACT CareLine, 865-584-4424, 10 am – 10 pm; www.contactcarelinetn.org
Haven House, Domestic Violence Shelter, 865-982-1087; www.havenhousetn.org , Supt Group for Domestic Violence open to public
Blount Memorial Emotional Health & Recovery Center, 865-981-2300, 907 E. Lamar Alexander Pkwy, Maryville, TN 37804
Sexual Assault Crisis Hotline, 865-522-7273, www.mcnabbcenter.org/sacet
Self Injury, 1-800-DON'T-CUT (800-366-8288), www.selfinjury.com
Adult Protective Services 1-888-277-8366 and Children's Protective Services 1-877-237-0004

▪ **Mental Health Advocacy and Mental Health Education Resources**

NAMI (National Alliance on Mental Illness) of Blount County, 800-771-5491; www.namitn.org
Tennessee Mental Health Consumers Association, 1-865-281-3683 www.tmhca-tn.org
Senior Services @ Blount Memorial, 865-977-5744, Maryville, TN
Mental Health Association of East Tennessee, 865-584-9125, Knoxville, TN; www.mhaet.com

▪ **Community Resources**

Blount County Health Department, 865-983-4582, 301 McGhee St, Maryville, TN 37801; www.blounttn.org/health.asp
Children's Advocacy Center New Hope - victims of sexual & physical abuse & non offending family members, 865-981-2000; www.blountkids.org
Eating Disorders – Knoxville Support Group, 1-865-622-7116; www.FocusTreatmentCenters.com
Mane Support – Equine (Horse) Assisted Counseling – all ages, 865-233-3090, 2919 Davis Ford Rd, MV TN 37804; www.manesupport.org
Peer Support Academy (thru Peninsula) – 865-373-8207; www.peninsulabehavioralhealth/peersupportacademies for calendar

▪ **Alcohol & Drug Information and Support Groups**

Alcoholics Anonymous, Hotline 865-522-9667, www.aa.org or www.etiaa.org
Narcotics Anonymous, Helpline 1-844-409-3762, www.naknoxville.org
Substance Abuse and Prevention Action Team of Blount County, 865-977-5727
Substance Abuse and Treatment Referral Information, 1-800-662-4357; www.findtreatment.samhsa.gov

▪ **Suicide Support Groups**

Knoxville Suicide Grievors Support Group, for those left behind - (Knox Chapter SOS), P.J. Alexander, LCSW, facilitator, 865-671-9631

▪ **Hospitals**

	TennCare	Self	Medicare	Payment	Insurance	Slide
Blount Memorial Emotional Health & Recovery Center 907 E. Lamar Alexander Pkwy, Maryville, TN 37804, 865-981-2300		X	X	X	X	
Peninsula Hospital (Division of Parkwest) 2347 Jones Bend Road, Louisville, TN 37777, 865-970-9800 www.peninsulabehavioralhealth.org	X	X	X		X	
The Village, Residential (13 – 17 years old) 2431 Jones Bend Road, Louisville, TN 37777, 866-779-0683 www.villagebh.com	X	X			X	

▪ **Alcohol & Drug Treatment - Adult**

Blount Memorial Emotional Health & Recovery Center (IP & OP) 907 E. Lamar Alexander Pkwy, Maryville, TN 37804, 865-981-2300		X	X	X	X	
Cornerstone of Recovery, Residential (IP) 1214 Topside Road, Louisville, TN 37777, 865-970-7747 www.cornerstoneofrecovery.com		X			X	

▪ **Alcohol & Drug Treatment – Adolescents**

Florence Crittenton Agency, (Residential and IOP) 1531 Dick Lonas Rd., Knoxville, TN 865-602-2021, www.fcaknox.org	X	X			X	X
Gateway Center, Helen Ross McNabb Center, Residential – Males Only 3845 Holston College Road, Louisville, TN 37777, 865-380-5089	X	X	X	X	X	X
Redirections, Helen Ross McNabb Center, IOP 600 Arthur St, Knoxville, TN 37921, 865-523-8695; Some FREE GRANTS	X				X	

▪ **Mental Health Centers with Psychiatrists and/or Counselors**

*Cherokee Health System , 255 E Watt Rd., Alcoa, TN 37701 865-273-1616 (age 5 and up) *Mental Health Safety Net Provider	X	X	X	X	X	X
*Helen Ross McNabb Center , 1704 E Broadway Ave, Maryville, TN 37804, 865-681-6990 (age 2 and up) *Mental Health Safety Net Provider	X	X	X	X	X	
*Peninsula Outpatient Center , 210 Simmons Street, Maryville, TN 37801, 865-970-9800 (age 5 and up) *Mental Health Safety Net Provider	X	X	X		X	
Vet Center , 2817 E. Magnolia Ave., Knoxville, TN, 37914 Counseling Only, 865-633-0000, www.vetcenter.va.gov FREE for VETERANS						

▪ **Psychiatrists in Private Practice**

Dr. David Snow and Linda Cabage, Psych NP , 659 Morganton Square Drive, Maryville, TN 37803 865-984-9933		X	X		X	
Parkway Psychiatric Service, Blount Physicians Group – Drs. Gubatan, Naramore, Rigell, Wood 200 Associates Blvd, Alcoa, TN 37701, 865-980-5377		X	X		X	

Family and friends should REMOVE and SECURE all lethal means (guns, knives, pills) from all persons (and households) when someone in that household is depressed, expresses suicidal ideas, or who has attempted suicide to help prevent further attempts.
 Disclaimer: This listing is not guaranteed to be comprehensive of mental health practitioners in Blount County, Tennessee. If you or someone you know should be listed in the future, please call 865-981-2300 Emotional Health and Recovery Center at Blount Memorial Hospital.

• **Counseling Centers**

	Tenn Care	Self Pay	Medicare	Payment Plan	Private Insurance	Sliding Scale
Blount Memorial Counseling & CONCERN EAP – Maryville Office Mary Misulich, LCSW, CEAP, Lauren Passarello, PhD, LMFT, CEAP, Andy Schriver, LCSW, Hilary Gallegos, MS, 405 Ellis Ave, Maryville, TN 37804, 865-984-4223, concern@bmnet.com		X	X		X	
Blount County Community Enrichment , 1012 E Lamar Alexander Pkwy., Maryville, TN 37804, 865-984-2115, www.mcnabbcenter.org	X	X	X		X	X
*Child Net - ages 2-18, Helen Ross McNabb Center, Inc. 1704 E Broadway Ave, Maryville, TN 37804, 865-681-6990 *Mental Health Safety Net	X					
Compassion Counseling , 331 W Broadway Ave., Maryville, TN 37801, 865-724-2325, www.cccmaryville.com		X				X
Cove Mountain Counseling , Wendy Pitts Reeves, LCSW, Karen Bartley, PhD, Jody Butler, LCSW, LADAC, Justine Leehans-Haley, LCSW, Megan Marcus, LCSW, Amanda McEntee, MA, Alison Mistak, LCSW, Amy Moore-Kimsey, LCSW, Catherine Robbins, LMFT, Shelby Shankland, LCC, RP II, Wimberly Thompson, LCSW, 307 High Street, Maryville, TN 37804, 681-2869; www.covemountaincounseling.com		X		X	X	
Foothills Christian Counseling , Cindy Irwin, LPC, MHSP, Amy Russell, MDiv, Sharon Sittler, LPC, Brittany Hepperly, LMFT, 216 Fairview Dr., Maryville, TN 37803 865-681-4914; www.foothillschristiancounseling.org	X	X		X	X	
New Hope Children's Advocacy Center , 212 Cates St., Maryville, TN 37801, 865-981-2000, for Victims of sexual a/o physical abuse and their non-offending family members, www.blountkids.org FREE GRANT FUNDED						
Psychological and Counseling Services , Karan Goins, LCSW, Jessica Reed, LMFT, 601 Charles St, Maryville, TN 37804 865-977-7593, psychcounseling@live.com	X	X				
Sexual Assault Center of East TN, Hotline 865-522-7273 , for Victims and Family Members of Victims, Advocacy for Victims of all ages, www.mcnabbcenter.org/sacet info line 865-558-9040 FREE GRANT FUNDED						

• **Psychologists**

Jennifer Hardy, PhD , 659 Morganton Square, Maryville, TN 37801 865-337-1198; jennifer@maryvillepsychology.com		X	X		X	X
John Judd, PhD , 400 S Washington Street, Maryville, TN 37804; 865-982-0664	X	X	X	X	X	

• **Independent Counselors**

Lori Brooks, LCSW , 865-313-7010, LbrookslCSW@gmail.com 356 Sanderson St, Midland Towers, Alcoa TN 37701		X	X	X	X	
Shannon Brown, LCSW , 865-590-8003; Office in Maryville, call for directions; http://therapists.psychologytoday.com/203512	X	X			X	X
Catherine Denton, MDiv , Maryville, TN, Email for Appointment and Directions; dr.catherinedenton@willowpondspirit.com		X				X
Kim Faucett, LCSW , 865-293-9025; 659 Morganton Square, Maryville, TN 37801		X	X		X	
Cynthia Grimm, LCSW 865-254-6401; 659 Morganton Square, Maryville, TN 37801		X	X		X	
Lifeline Counseling Center , Brenda-Lee Duarte, EdM, LPC-MHSP, 386 High St., Maryville, TN 37801, 865-981-7400; www.lifelinecounseling.org		X	X	X	X	
Butch McCloud, LCSW , 865-984-8088; 659 Morganton Square, Maryville, TN 37801		X	X		X	
Melanie McGhee, LCSW , Call for directions, Maryville, TN 865-384-4104; www.acceptanceandintegrationtraining.com		X				
Nancy Olsen, LCSW , 119 Indiana Ave., Maryville, TN 37803 865-983-7631		X	X	X	X	
Kathleen Puckett, MA, LPC-MHSP, LADC, CSAT, DCC ; 1017 Hampshire Dr, Maryville, TN 37801; 865-724-4923; www.aviewfromwithindistancecounseling.com		X				
Jerry Scott, MDiv, BCC , 323 Ellis Avenue, Maryville, TN 37804, 865-809-8575; www.RenewFamilyTherapy.com		X				X
Mark Vanderlip, MA, NCC, LPC-MHSP , 341 E. Lincoln Rd., Alcoa, TN 37701, 303-518-4027		X				X
Carla Winchester, LCSW , 865-382-3732, carlalCSW@gmail.com 356 Sanderson St, Midland Towers, Alcoa TN 37701		X	X	X	X	

Family and friends should REMOVE and SECURE all lethal means (guns, knives, pills) from all persons (and households) when someone in that household is depressed, expresses suicidal ideas, or who has attempted suicide to help prevent further attempts.