

SUICIDE PREVENTION IN TENNESSEE

There is one death by suicide in the US every 12 minutes.



Some warning signs of suicide are:

- Talking about suicide, death and/or no reason to live
- Withdrawal from friends and/or social activities
- Experience of a recent severe loss (especially a relationship)
- Experience or fear of a situation of humiliation or failure
- Drastic changes in behavior
- Loss of interest in school

1 IN 10 HIGH SCHOOL STUDENTS ATTEMPTS SUICIDE

SUICIDE IS THE 2ND LEADING CAUSE OF DEATH AMONG

TEENAGERS

72% OF CHILD SUICIDES OCCURED IN THE HOME IN 2016

SUICIDE CAUSES*

*Ages 0-17

WEAPONS
55%

ASPHYXIA
30%

OTHER
15%



IN 2016, 34% (14) OF CHILD SUICIDE DEATHS WERE GIRLS*
*Ages 0-17



IN 2016, 66% (27) OF CHILD SUICIDE DEATHS WERE BOYS*
*Ages 0-17

WHAT YOU CAN DO

PARENTS



Restrict access to lethal means of suicide.

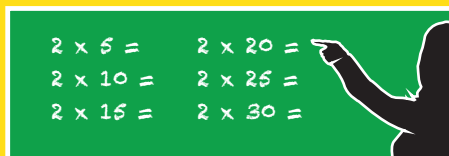
Always keep firearms securely stored in a cabinet.



SCHOOLS

Increase training to help school staff identify and refer students at risk and respond to suicide or other crises in the school.

Increase education targeted towards teens to help them understand warning signs of suicide.



PROFESSIONALS

Distribute resources on suicide grief across the state.

Contact the Tennessee Suicide Prevention Network for materials and training at:

TSPN.org

