



Healing Hearts Suicide Grief Support Group

The Healing Hearts Suicide Grief Support Group is a **peer-led**, ongoing group offering support for adults grieving a suicide death. The group provides a secure, safe, and confidential environment for members to share their own personal experiences, to discuss what helps them, and to provide reassurance that we are on the road to recovery. The group is not a replacement for counseling. However, referrals to a mental health care professional will be made for those who need more than a group environment can provide.

All Healing Hearts Suicide Grief Support Group facilitators have received training provided by the American Foundation for Suicide Prevention (AFSP). www.afsp.org

Registration is not required, and there is no fee to attend.

Please feel free to bring a guest(s) with you as support.

For additional information you may email afsp.memphis@gmail.com

Meeting Details

Southaven, MS ~ The Southaven group meets once per month, on the first Tuesday of each month, at the M.R. Davis Public Library (8554 Northwest Drive, Southaven, MS 38671), 6:30-8:00 p.m. Call 901.487.5998 for additional information.

Memphis, TN ~ The Memphis group meets once per month, on the third Thursday of each month, at White Station church of Christ (1106 Colonial Road, Memphis, TN 38117), 6:30-8:00 p.m. Call 901.743.4701 for additional information.

Oxford, MS ~ The Oxford group meets once per month, on the third Sunday of each month, at St. Andrews United Methodist Church (431 N. 16th Street, Oxford, MS 38655), 2:00-3:30 p.m. Call 662.701.7389 for additional information.

GLBT ~ The GLBT group meets once per month, on the fourth Thursday of each month, at Memphis Gay & Lesbian Community Center (892 South Cooper Street, Memphis, TN 38104), 6:30-8:00 p.m. Call 901.672.7887 for additional information.

Kemmons Wilson Family Center for Good Grief offers individual bereavement counseling as well as monthly support group meetings. Call 901.861.5656 for additional information.

Support Group Facilitators

Lisa Morris is founder and lead facilitator of the Healing Hearts Suicide Grief Support Groups and substitutes as needed. She lost her son, Stephen, in April 2001.

Julia West is facilitator of the Southaven group. She lost her son, Eric, in October 2007.

Kerry Mitchell is facilitator of the Memphis group. She lost her son, James, in April 2007.

Pam Dickson is co-facilitator of the Memphis group. She lost her son, Tyler, in April 2003.

Tania Hatfield is facilitator of the Oxford group. She lost her dad, Randy, in September 2009.

Alan Reed is facilitator of the GLBT group. He lost his partner, Ken, in May 2006.

Claudia Ellison is a facilitator who substitutes as needed. She lost her son, Justin, in June 2006.

Kim Mitchell is a facilitator who substitutes as needed. She lost her son, Harley, in October 1994, and her husband, Marty, in April 1998.